Dear New 4-H Families,

The Holiday season is just behind us, school has started up again and 4-H may be the last thing on your mind, but remember 4-H is a program that runs all year long. Many people think of 4-H and just think of the 4-H fair, but 4-H is much more than that! This time of the year is a perfect time to evaluate project goals, begin or continue project meetings and start working on Record Books for the current 4-H year, if you’ve not done so already.

To find the latest 4-H happenings you should be sure to read your 4-H newsletter. Now that your 4-H enrollment has been completed, you should begin receiving the District 4-H newsletter in the mail and/or email. The District newsletter is full of information on upcoming events, deadlines, opportunities to learn and rules or policies. The newsletter is broken into two parts, information for the entire District and information for each office/county in the District.

The first pages of your newsletter include information that every 4-Her in the Meadowlark District needs to know. This information includes State events and deadlines. You will also look to these pages to find information on trainings open to the entire District or when camp registration is due. The first section of the newsletter is very important and every 4-H family needs to read it.

The second section of the newsletter is broken down by county/office. These activities may include 4-H Council, fair, 4-H Club day, or Achievement Night. Each county 4-H Council still has some of their own events and activities, but generally all events are open to all 4-Hers. It is important to read your local pages to know what to expect within your local program. You may also want to read the other local pages to get new and fresh ideas.

The 4-H newsletter is the way the office communicates deadlines, events, and changes to the 4-H families in the District. With over 750 4-Hers, a newsletter is the most effective way to communicate with that many people. Read the newsletter every month to make sure you don’t miss something. If you don’t receive the District 4-H newsletter by the 5th of the month, please contact your local Extension Office to make sure we have your information on file. The newsletter (past and present) may be viewed on the District 4-H website, under the News tab on the left navigation bar. Be sure to ask questions if you read something in it and don’t understand, or want more information.

Ross Mosteller – District Agent, 4-H Youth Development

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Welcome to Our 4-H Program!!!

Important 4-H Websites

Meadowlark District 4-H— www.meadowlark.k-state.edu/4-h
Kansas 4-H Website — www.kansas4-h.org
Animal Science Youth Programs — www.youthlivestock.ksu.edu
Kansas 4-H Foundation — https://kansas4hfoundation.org/
National 4-H — http://www.4-h.org/
One thing teachers always compliment 4-Hers on, is their ability to get up in front of a group and present. 4-H Club Day gives youth an opportunity to practice these communication skills. 4-H Club Day is a chance for youth to exhibit their talents in public speaking, parliamentary procedure, music, dance, or drama. Youth are able to sign-up in a variety of areas and then asked to practice their pieces and present them to a judge at 4-H Club Day. Youth receiving Top Purple ratings are then given the opportunity to attend Regional 4-H Club Day historically held in Atchison.

4-Hers can participate in groups or by themselves. For youth who are nervous to perform in front of a group, they could choose to participate in a group skit, chorus, dance, or band. Many clubs choose to practice parliamentary procedure as a club with Model Meetings or Gavel Games. This way youth are participating in 4-H Club Day, but are not doing so alone.

Another option for a youth participant is either show and share/tell or a reading. Show and share/tell with a judge, gives youth constructive criticism on their presentation, with all receiving participation ribbons. CLOVERBUDS – this is a great place for you to participate! 4-Hers pick a piece no more than five minutes long and are not required to memorize the piece, but perform in front of a judge.

With the many options at 4-H Club Day there is something for everyone. Youth can show off their talents and skills in a safe learning environment. Youth are encouraged to participate and then view other 4-Hers perform their presentations. Watching older youth perform is one of the best ways to learn. A 4-H Club Day Guide can be found on our website and is a great resource to explore and learn more! http://www.meadowlark.k-state.edu/docs/4h/resources/4H%20Club%20Day%20Guide%20Book.pdf
Components of a 4-H Club Meeting

A 4-H Club is a great venue for learning, group interaction and fun to take place. The meeting environment and meeting components are important aspects of a club that youth choose to attend.

We will look at three major components of club meetings: Group Building (social), Group Decision Making (business) and Programs & Activities (learning). If you think about your club meeting as a pie graph, it should be split up into close to three equal sections, or about 1/3 of the time for each component. Program or Activity is one area to make slightly larger.

PARENTS – please attend 4-H meetings with your children so you can support them with the learning and fun that happens there!

**Club Component: #1**
**Group Building/FUN!!!**

This includes any of those activities that help everyone get acquainted, feel accepted and recognized. This should be about 1/3 of your monthly meetings.

- **Get Acquainted:**
  Kids join 4-H all year!

- **Celebrating:**
  When a project is complete celebrate as a group.

- **Evaluating:**
  Is everyone’s opinion offered after a project to know how to improve and what went well?

- **Recreation & Singing:**
  For very young children this may be the one part of 4-H they can do best! Recreation should be a part of every meeting. It helps members continue the atmosphere of fun and interest as well as get to know one another!

**Club Component # 2**
**Group Decision Making**

In a 4-H Club, decision making should happen in the business meeting. The business meeting should take about 1/3 of your monthly meeting time or about 15-20 minutes.

- The club business meeting should be democracy in action. During 4-H Club meetings, members learn to express themselves in a group, listen to the views of others, use votes to reach decisions and abide by majority rules.

- A 4-H Club Meeting will likely be the 4-H member’s first experience with parliamentary procedure. Parliamentary procedure is abstract and hard to understand, and yet it is still what our 4-H clubs use for decision making, so it will take some coaching & reinforcement.

**Club Component #3**
**Programs and Activities**

This is the educational part of your program. Often clubs think about talks & demonstrations only in this portion, but there really are a number of things to do! Programs should be about 1/3 of the monthly meeting.

- **Member Talks and Demonstrations or other presentations** - This is a great opportunity for members to give their presentations in a supportive atmosphere.

- **Guest Speakers** – A wide range of speakers and topics are available in every community.

- **Project work and/or Community service** – can be done during Program time.

- **Record Book Updates** – a portion of the meeting time can be dedicated to work on 4-H Record Books.
Just For Fun!!!

Word Bank
Aerospace
Electricity
Geology
Horticulture
Journalism
Photography

Can you make it from the center of the maze to the four items mentioned in the 4-H Pledge?

Across
2. Collect rocks, minerals, and fossils
5. Build a model rocket
6. Learn how to use a camera

Down
1. Plant a container garden
3. Write news stories
4. Make a simple circuit