What is 4-H?

We teach kids from all backgrounds how to become well-rounded individuals. We do that by teaching the four Hs:

**Head** — Make sound decisions, stick with your goals and develop practical skills.

**Heart** — Act with integrity and accountability.

**Hands** — Put the needs of the community first and commit to serving others.

**Health** — Actively take care of your mind and body.

What will I do?

4-H centers around projects. Members choose from a wide range of individual projects based on their interests and community availability. Through these projects, members set goals, learn the necessary skills, and exhibit or demonstrate their skills at events like county fairs, speaking contests and competitions.

What can I do?

If you’re interested in something, it can probably become a project. Here’s a sampling:

- Clothing and textiles
- Pet care and training
- Electricity
- Food and nutrition
- Geology
- Horses
- Leadership
- Photography
- Robotics, rocketry and GPS
- Small engines
- Visual arts and crafts
- Woodworking
- Wildlife
- Reading
- Horticulture
- Poultry care and husbandry
- Consumer science
- Rafting
- Water safety
- Public speaking
- Environmental science
- Building
- Forestry

How can I get involved?

Join a club! 4-H clubs are groups of families and community members, led by adults or older members. Clubs are made up of members engaged in meaningful projects. There are many clubs to choose from based on their interest and community availability. At meetings, youth members share their projects, plan community service activities and practice running meetings. There are also many sub-clubs for individual projects led by adults or older members.

Visit [Kansas4-H.org](http://Kansas4-H.org) for more information or to find a club near you!

Kansas State University Agricultural Experiment Station and Cooperative Extension Service.

K-State Research and Extension is an equal opportunity provider and employer.

LEADERSHIP GROWS HERE

We teach kids from all backgrounds how to become well-rounded individuals. We do that by teaching the four Hs:

**Leadership** — Act with integrity and accountability.

**Hands** — Put the needs of the community first and commit to serving others.

**Hands** — Act with integrity and accountability.

**Health** — Actively take care of your mind and body.

**Head** — Make sound decisions and stick with your goals and commit to serving others.

**Heart** — Act with integrity and accountability.

By teaching the four Hs, 4-H GROWS HERE.
GROW NEW IDEAS
It doesn’t matter where you live, what you want to be when you grow up, or your level of experience. 4-H is a club of kids and their families who take part in fun, practical projects from woodworking to rocketry, and everything in between.

Join 4-H and explore exciting ways to grow, together.

Billtown Go Getters
Leaders: Brad & Tami Vaughn
785-597-5320
1st Monday of each month at 7 p.m.
Alpha Christian Home, Perry

Clover Power
Leaders: Kris & Carol Kahler
785-484-2851
2nd Sunday of each month at 6 p.m.

Fairview
Leaders: Anita Nelson, Marlene Seifert
Sherry Seifert
913-645-6332
2nd or 3rd Sunday of month at 2 p.m.
Lowery School, Ozawkie

Grantville
Leaders: Pat Winsor
785-246-3585
2nd Sunday of each month at 6:30 p.m.
Grantville United Methodist Church

Jolly Juniors
Leaders:
Catherine Leitner & Crystal Hoffman
913-549-0020
2nd Wednesday of each month at 7 p.m.
Colonial Acres Event Center

Lucky 4
Leaders: Bridget Weishaar & Sara Noll
785-760-2336
1st Sunday of each month at 6 p.m.
Knights of Columbus

Mooney Creek
Leaders: Casey Weishaar & Tiffany Noll
785-231-9939
Last Sunday of each month at 2 p.m.
at Leader's home:
16951 166th St., Nortonville

Prosperity
Leaders: Holly Conser, Deanna Gier & Jill Penry
785-925-5056
1st Sunday of each month at 7 p.m.
Jefferson County Fairgrounds

Valley Victors
Leaders: Toni Reeves, Shauna Allen
Dianna Welsh
785-640-8457
2nd Sunday of each month at 7 p.m.
Jefferson County Fairgrounds

Winchester
Leaders: Laura Gigstad & Stacey Ladesic
785-840-4177
2nd Wednesday of each month at 7 p.m.
Winchester Community Building