**4-H Open Enrollment — October 1!!!**

It is that time of year again, a new 4-H year! 4-H Enrollment for the 2022-2023 year opens online, [https://v2.4honline.com/](https://v2.4honline.com/), at **8 AM on Friday, October 1.**

Returning families will be able to log into their Family profile to re-enroll in 4-H. New families will have to create a new family profile to start the enrollment process. Resources to help with the enrollment and re-enrollment can be found on the Enrollment page, [https://www.meadowlark.k-state.edu/4-h/enrollment.html](https://www.meadowlark.k-state.edu/4-h/enrollment.html), of our website or within the 4HOnline site. Don’t forget that enrollment is not just for members! Cloverbuds and registered volunteers MUST maintain active enrollment, but will not pay the program fee. Other volunteers, parents or supporters, now termed “Adult Helpers”, are welcome and encouraged to enroll too.

As a returning family, if you cannot remember your username email and/or password, **DO NOT** create another account!!! Contact your local Extension Office and we will assist you with logging back into your existing account. If you ever have any issues or need help with the enrollment process, please contact your local Meadowlark District Extension office or Clay Roland, District 4-H agent.

We encourage all enrollments to be completed early in the month of October. To avoid restrictions being placed on your 4-H membership, **ALL RETURNING 4-H MEMBERS** need to complete the re-enrollment process by **NOVEMBER 1!!!** The full policy document may be viewed under “District Policy Resources” on the Resources & Links page of our 4-H website. Enrollment is needed for participation in events and project meetings! Why wait? Get started today! Please do not hesitate to ask questions about this important process.

**New Family Resources for 2.0**

New guidebooks have been posted for families and volunteers to include:

- **Family Enrollment**
- **New Adult Volunteer Enrollment**
- **Returning Adult Volunteer Re-enrollment**

Please visit the 4-H Online Family Resources webpage at [https://www.kansas4-h.org/resources/4-h-online/index.html](https://www.kansas4-h.org/resources/4-h-online/index.html)
4-H Record Book Judging—Your Help NEEDED!!!

Every 4-H member is expected to submit a printed summary of annual work - what we all know as the 4-H Record Book. Some youth choose to take the annual summary a step farther by trying for project recognition, by having their records nominated for project awards, given out at Achievement events. Within Meadowlark District, 4-H Record Books are exchanged between the counties comprising our District. Volunteer screeners review, comment and rank project winners based upon the work recorded in the 4-H Record Books.

This is where YOU come in… WE NEED VOLUNTEERS!!! All that is needed is a desire to help/learn, a base understanding of Kansas 4-H Records (review the “Tips for Record Book Success, it’s all in there, https://www.meadowlark.k-state.edu/docs/4h/resources/Record%20Book%20Tips.pdf”) and the ability to write; positive, encouraging comments to youth. We will be using the new evaluation rubric provided by the State 4-H Records Taskforce. Parents typically find this to be a great way to learn about how to help their own 4-H members improve. Older teens, 4-H Alumni, Grandparents and any willing volunteer are welcome! See local pages of this newsletter for specific information about the dates, times and locations. Here is a quick summary:

**October 10**: NEKS Heritage Building, Holton
**October 10**: Community Building, Seneca
**October 13**: Oskaloosa City Hall, Oskaloosa

**Reminder of Officer Duties and Responsibilities**

As the new 4-H year starts, new officers will be taking their seats in club meetings. There are traditionally four offices. Each of these offices hold unique roles vital to ensuring that meetings and clubs are ran well. The four offices are President, Vice President, Secretary and Treasurer.

- **The President** of a club acts as a leader to the club and meetings. She or he will be responsible for presiding over meetings which includes building the meeting agenda, running the meeting in an orderly manner, and ensure that each voice is heard. The President should also be familiar with the order of business and Parliamentary Procedure. In addition to this, they can be responsible for creating and appointing people to committees.

- **The Vice President** of a club must understand the position of the President as they will conduct meetings in the absence of the President. Additionally, the Vice President can be given additional responsibilities such as: following-up with any committees, serve the role of introducing guests and presenters, and having them oversee any educational portion of the meeting.

- **The Secretary** needs to hold a different set of skills. They will oversee recording the information that the meeting holds. They will record the attendance of members at the meetings. They will also present the minutes from the prior meeting whether this be oral or via a hand-out. Once minutes are approved, they become the official record of the business that was conducted at the meeting. During and after the meeting, Secretaries will record the minutes of the meeting and keep them safe so they can be referenced later.

- **The Treasurer** is responsible for maintaining the financial records of the club. This includes the income and expenditures of the club. The Treasurer oversees balancing the check book, writing checks and making deposits into the club account. In addition to this, they also will provide a treasury report that includes a summary of income, expenses and balances of accounts since the last meeting of the club.

For more information on the aforementioned offices and other offices that your club might offer, please visit: [https://www.kansas4-h.org/resources/leader-resources/clubcorner/officer-resources/index.html](https://www.kansas4-h.org/resources/leader-resources/clubcorner/officer-resources/index.html).
Register your 48 Hours of 4-H event now!

We hope every 4-H Club will join 4-Hers from across the state this fall in seeing just how much we can give back to our communities! The weekend after National 4-H Week, is the perfect opportunity to setup a service project. Invite your friends, clubs, adult volunteers, potential 4-H members and 4-H Alums too!

**When:** October 8-9, 2022  
**Who:** 4-H Members, 4-H Clubs, Friends, Adult Volunteers, Parents and 4-H Alumni

It's time to make plans for your club to participate. Check out [https://www.kansas4-h.org/events-activities/conferences-events/48-hours-of-4-h/index.html](https://www.kansas4-h.org/events-activities/conferences-events/48-hours-of-4-h/index.html) for a helpful guide, and to register your projects(s).

### Setting S.M.A.R.T. Goals

As you begin to think ahead about the new 4-H year, you may have things you want to improve, change, or accomplish as the year progresses. A great way to quantify these thoughts would be setting goals. All in all, these tactics will help you set goals that will increase your likelihood of successfully achieving your goals.

Setting goals is an important aspect of success, and how we can measure success. It can help guide focus and help trigger new behaviors. Ultimately, they help manage your focus and success.

Goals need to be S.M.A.R.T. which stands for:

- **Specific** – This is where you want you should be thinking about what you want to accomplish. This is where you would have to ask yourself the “W” questions; who is involved, what are you accomplishing, where is this, when will this be done, and why are you doing this?
- **Measurable** – What are you measuring to determine if you have met the goal? This will help make more quantifiable and provides a way to determine the progress of your goal.
- **Achievable** – This will focus on the importance of the goal. Additionally, you should think about how to accomplish the goal and if you have the skills and tools to accomplish the goal.
- **Relevant** – This should be focused around what makes sense for the broader picture at hand.
- **Time-bound** – A target finish date should be set for your S.M.A.R.T. goal. Additionally, you should have other check-in dates as well to ensure that you are on track to achieve your goal.

Here are two examples of S.M.A.R.T. goals that I pulled from 4-h.org:

1. Learn how to use my DSLR camera by completing the photography 4-H project and enrolling in the Clover County Library’s basic photography class this June.
2. Apply for to be a 4-H Camp Counselor for this summer and complete all required training by June 1.

I encourage you and your family to sit down and reflect on the last year. Next, I encourage you to think about the future year and develop S.M.A.R.T. goals to track your success as a 4-H family. These can also be included in your Record Books!
**Adding Your Office Position in 4HOnline**

As the 4-H year begins, new officers will be getting elected. To help expedite processes within the office, we request that you put your new office into 4HOnline when the new year starts.

The following are instructions on how to do this.
1. Sign in to your 4HOnline profile.
2. Go to and click on the 4H’er that holds the office.
3. On the left menu, select Clubs.
4. On the blank space below Volunteer Type, left click on your mouse.
5. On the dropdown menu under Volunteer Type, select their office
6. Click Save

**National 4-H Week is October 2-8: Opportunity4All!**

Take advantage of this important week to highlight the remarkable 4-H youth in your communities and showcase the incredible experiences that 4-H offers young people. This toolkit is designed to help you leverage National 4-H Week on social media, in your community and beyond. National 4-H Council has a toolkit available at [https://4-h.org/professionals/marketing-resources/4-h-week-toolkit/](https://4-h.org/professionals/marketing-resources/4-h-week-toolkit/). You will need to register to have access to these items. Kansas 4-H Promotional Resources can be found at [https://www.kansas4-h.org/resources/marketing/index.html](https://www.kansas4-h.org/resources/marketing/index.html) as well. Don’t forget to share photos of 4-H Week promotion in our Facebook group!

**4-H Officer Training/Orientation**

Hopefully, by October all 4-H clubs have elected new club officers, have done or will do an installation ceremony and are planning to educate officers about their specific roles. Officer Training/Orientation will be done in-person in each county of the Meadowlark Extension District.

- Jackson County - **November 6**, after the 4-H Achievement Program
- Jefferson County - Clubs will be training their own club officers
- Nemaha County - Deb will do training at the individual Club meetings

If you have interest in Club-based officer training options, please visit with Clay or your local 4-H Program Manager. All 4-H Clubs have been provided with the National 4-H Officer Training Resource book, if you can’t find these, talk to your Club Leader. The Kansas 4-H Officer Publications are available on District 4-H website under “Resources and Links”, [https://www.meadowlark.k-state.edu/4-h/resources.html](https://www.meadowlark.k-state.edu/4-h/resources.html) as well. We do have a limited supply of printed copies in the office, if you prefer. Please refer to the local pages of this newsletter and email updates for more specific information on Officer Training.

**Shutterbug Photography Event**

Shutterbug is photography workshops put on across the state by the Kansas State 4-H Photography Action Team. Workshops are typically scheduled as a morning session and concentrate on a variety of aspects of composition. The events typically end around Noon. Examples of sessions include: Portfolio, I have a camera-now what?, Panning, Close-ups, Aperture Settings & Kaleidoscopes/Reflections.

- **Shutterbugs at Old Jefferson Town**  
  Where: Oskaloosa, KS  
  When: **November 5**, Registration beings at 8:30 AM

**Why 4-H???

(Noting the **IMPACT** of the 4-H Program in the lives of young people, in their own words.)

“For my many years in 4-H, I have learned that the people I have met in 4-H are the best part.”
Wrapping Up the 2021-2022 4-H Year/Start of 2022-2023
As we wrap up the past 4-H year, please remember that the 4-H club audits are due to the office on November 1. The audit is required for all non-appropriated funds generated for Extension programs. This includes funds raised/collected by 4-H clubs, project clubs, etc. An informational letter and form was mailed to the club leaders as well as the club treasurer. Also on November 1, VIP Renewals, Club Officer List & Leader List are all due to the Extension Office. Club leaders all this material is in your club leader packet.

4-H Achievement Program
Please be sure to attend the 2022 4-H Achievement Program on November 6, at 3 PM in NE Kansas Heritage Building. This is where the 4-Hers who worked hard on their 4-H record books will receive their awards and Membership pins. Everyone is welcome to attend. The following is the list of duties for each club:

- Set up & take down tables/chairs – Delia Early Birds
- Sweep Floors – Denison Builders
- Set up & take down stage – Straight Arrows
- Take out Trash – Ontario Busy Bees
- Serve Refreshments – Pleasant Valley Rustlers
- Decorations – Soldier Boosters

10 Year Members
Listed below are the 10 year members that will be recognized for the 10 year membership to the 4-H program at the Achievement Program on November 6. If we have left someone out, please contact the office as soon as possible.
- Blade Montgomery
- Cole Kucan
- Karoline Tannahill
- Josie Buck
- Savannah Cattrell

Cloverbuds
Leaders please be sure to look over this list of 2021-2022 Cloverbuds. They will receive something at the Achievement Program and we don’t want to leave anyone out.
- Aubyn Self
- Austin Davis
- Cora Bowser
- Corbin Simpson
- Emilee Shepherd
- Everhett Deghand
- Harper Bowe
- Jolee Bontrager
- Kyle Shupe
- Kyler Phillips
- Kyson Reutzel
- Theron Simpson-Worley
- Willow Hawkins

New Family Orientation
Welcome New 4-H Families – We want to get you started off on the right foot in 4-H. We have planned an evening, November 14 at 7:00 PM in the NE Kansas Heritage Complex, where we can sit down and talk about what to expect in your 1st year of 4-H. Please RSVP to the Extension Office by November 11 to 785-364-4125 or e-mail Cara at carar@ksu.edu.

Club Leaders - please consider attending this with your new families or establishing a New Family Coordinator at the club level.

Herdsmanship Results
- Beef – Soldier Boosters
- Bucket Calf – Denison Bldrs Builders
- Swine – Straight Arrows
- Sheep – North Jackson Jets
- Meat Goats – Straight Arrows
- Dairy Goats – North Jackson Jets

State Fair Items
Congratulations to those who exhibited at the 2022 Kansas State Fair. We had 72 exhibits with 4-Hers competing in Fashion Revue, Dog Show, Livestock Shows and Static Exhibits. Your items are available at the Extension Office for pick up. If your score sheets were available, your club leaders will have them.

Paper Clover @ TSC
During October 5-16 please join us and help raise funds for 4-H. During those dates 4-Hers are invited to come by the store and help promote 4-H. 4-Hers can get involved by setting up a table to sell Paper Clovers, help customers with their purchases, display your animals or demonstrate projects. 100% of funds raised support 4-H! If you are interested please let Cara know.

Record Book Judging
We will be judging Nemaha County Record Books on October 10 from 10 AM-8 PM in the NE Kansas Heritage Complex. This is a great learning tool for older 4-H members, parents, grandparents and volunteers. The more volunteers the faster the process will go. Please let Cara know who is available to help from your clubs. It is asked that each club has a few volunteers at judging. Judging is come and go as you can.

Officer Training
Officer Training will be held after Achievement Program on Sunday, November 6.

November Council Meeting
The next Council Meeting will be November 10 at 7 PM. All club Council Reps are strongly encouraged to attend. This will be officer elections so each club should have their 4 representatives attend the meeting. Club representatives must be at least 1 adult and 3 youth. Only those 4 representatives will be allowed to vote at the Council meetings.
**Important Dates**

**October 1**
Online Enrollment begins. Renewing members MUST enroll in October to avoid penalties.

**October 2-8 Ntl. 4-H Week**
Help spread the word about the many benefits of 4-H to all of your friends and community! Word of mouth is the best advertisement for a great youth organization. We hope you will be involved in the activities your club is doing to promote 4-H membership.

**Farm Bureau Event**
Our annual Farm Bureau 4-H Appreciation event will be at 5:30 PM on Saturday, October 8, at the Ozawkie Community Building. Members and adults are invited to attend this fun event. Let your club leader know if you would like to represent your club that night, as each club should be represented.

**Record Book Judging**
We will be judging record books from 9:00 AM-8:00 PM (or until finished) on Thursday, October 13, at the Oskaloosa City Hall. At least four older teens/adults are needed from EVERY CLUB to select project award winners from another county. We will have three “formal” shifts (9:00 AM-12:30 PM/12:30-4:00 PM/4:00-8:00 PM), but are flexible if you can come and help at any time. Lunch and dinner will be provided, so please let Linda know if you can help, and the time that works for you, by Friday, October 7.

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**Kansas State Fair**
Many thanks to our 4-Hers and parents who made time to enter county fair purple ribbon exhibits for state fair exhibition. It’s exciting to see entries come into the office and know that many people from across the state will get to see and enjoy them in Hutchison. Want to be part of this group in 2023? Set goals to practice and work hard on your projects throughout the year so that you can improve your skills and see improvement. If you are 4-H age 9 and receive a purple ribbon at our county fair, you are eligible to enter your exhibits for state fair. The only exception is Visual Arts, as there is a state-imposed limit in this project area. Large livestock must be nominated earlier as well.

A lot of members were involved in livestock and dog shows, public presentations (entries qualified as top winners at County Club Day), and judging events. Top honors with a purple ribbon went to 30 exhibits in Photogra phy, Constructed Garment, Fiber Arts, Foods, Food Preservation, Home Environment, STEM-Ag Mechanics/Smithing, Robotics, Visual Arts, Wildlife, Dog, and Rabbit. Mellany Roenne and Grace Conser were Style Revue Finalists in Clothing Buymanship, Grace and Lauren Conser were finalists in Dog, Shianne Kimball’s Rabbit Doe received Best Opposite Sex and Sarah VanHouse Reserve Champion in Rabbit Showmanship for 13-14 yr. olds and Rabbit Judging, and Landen Olson Best of Show with his Smithing Display. For a full list of State Fair Results, go to: https://www.meadowlark.k-state.edu/4-h/news.html

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**State Crops & Weed ID Contest**
4-H’ers competed in the Crops & Weed ID Contest the first weekend of the Kansas State Fair in Hutchison. Team members study and identify 100 crop, weed, and seed samples that are common to Kansas.

Senior Crops Judging Coaches and Participants: LtoR-Carter Kabus, Karson Kahler, John Kabus and Mellany Roenne.

Karson and Mellany are members of the Clover Power 4-H Club. Mellany placed 2nd and Karson placed 4th individually. Great job!

**County T-Shirt Designs**
Our 75th Fair Anniversary will be in 2023, so we need you to use your creativity and submit a shirt design to our office by November 21. Hand-drawn or computer generated is fine. Designs should follow the fair theme that will be selected at the September 4-H Council meeting. T-Shirt designs will be voted upon at the November Council meeting. The winning design will receive a $25.00 prize!

**Thank You Notes**
It’s not too late to write those thank-you notes to our wonderful donors, livestock buyers, and others who have helped you throughout the 4-H year. We are fortunate to have so many that support our 4-H program. Our Donor Book can be found at: https://www.meadowlark.k-state.edu/4-h/oskaloosa.html

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**We are proud of all 4-Her’s who participated.**

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**Thank You**

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Kansas State Fair
This year we had 74 exhibits taken to the Kansas State Fair, 6 Public Presentation, and participation in Photography Judging and Fashion Revue. Several 4-Hers showed Dogs, Rabbits, Beef, Swine and Horses also at the Fair. Exhibiting at the State Fair is one of the highest honors. This is something every member should strive to send at least one project item each year. Congratulations to the few members who participated in the 2022 Kansas State Fair! We hope more of you will make this one of your goals in 2023.

2022-2023 Ambassadors
New Ambassadors this year are: Addie and Dane Havemier, Pony Express; Emma Henry, Pony Express; John Langill; Pony Express; Kinzey Niehues, Red Rustlers; Mason Stallbaumer, Red Rustlers; Chloey and Owen Strathman, Achievers; Katie Tangeman, HHHH; Nick Thompson, Centralia Aces; Ryan Uphaus, HHHH; and Susannah Walker, Woodlawn Meadowlarks. We also have two Junior Ambassadors this year - Cora Thompson, Centralia Aces; and Bob Langill, Pony Express. Manda Thompson has stepped up to be our new advisor. Congratulations to all!

4-H Council Meeting
The 4-H Council is made up of two youth representatives from each club. Youths that are on the council need to be active, as it is not the community leaders who need to make the decisions. Everyone is welcome to attend the Council meetings, but your club is only allowed 4 votes. Having club representation at all meetings is part of your club’s purple seal requirement.

The next 4-H Council meeting will be held on October 10 at 7:30 pm in the meeting room at the Community Building. This is the first meeting for the 2022-2023 Council members. We will be holding election of officers at this meeting. If you are interested in running for an office, make sure you understand you need to be able to attend all meetings. We will also be voting on the 2023 Fair Theme, so send your ideas with your club’s council representative.

4-H Achievement Event
Mark your calendars for the 2022 Nemaha County 4-H Achievement Event on Tuesday, November 22 at 6:30 PM at the Nemaha County Community Building in Seneca.

The Achievement Banquet is a celebration of each and every 4-Hers accomplishments during the past 4-H year. While some 4-Hers will receive awards, each 4-Her will likely have achieved at least one goal during the year so please come to celebrate. We hope all 4-Hers, their family members and grandparents will plan to attend this event.

The Council again voted to have a meal, which they will be providing the meat, table service and drinks. We are asking that each family bring one of the following covered dishes.

- **Potatoes** – Achievers, Pony Express, and Kelly Twilighters
- **Vegetables/other side dish** – Centralia Aces, HHHH, and Woodlawn Meadowlarks
- **Dessert** – Busy Jayhawkers, Red Rustlers and Stateliners

**Achievement Club Duties**
- **Set-up – Red Rustlers** - You will need to set up Monday, November 21, after school. This will include setting up the tables, chairs and stage. Please let Deb know what your plans are for set-up time.
- **Drinks & Meal – Woodlawn Meadowlarks** - This club is in charge of the meal and drinks. You will need to make sure the meat is kept full, uncover dishes, and make sure dishes are equally distributed on both serving lines. We ask that you wipe down tables after event.
- **Clean-up – Stateliners** - This club will put table, chairs and stage away and sweep the floor. Also, we ask that you take out the trash.

**Yearly Calendars**
Once again, we have put together a calendar with some important dates we know have been set. This can be found on our website under the 4-H / Seneca office page. This is a great resource for keeping track of all your 4-H happenings for your record books.

**Important Dates**

**New Year Enrollment**
Don’t put it off enrollment opens October 1. You will need to go to your 4Honline account and re-enroll. Please do NOT create another account! All returning members must be enrolled before November 1. Clover buds and volunteers MUST enroll as well.

**National 4-H Week**
Be proud of your 4-H membership and help us spread the word about the many benefits of 4-H to your friends. National 4-H week is October 2–8. Make sure to be involved in the promotional activities your club is doing and invite someone new to your next club meeting. Don’t forget to proudly wear a 4-H shirt Wed., October 5.

**Record Book Judging**
On October 10, we will be judging record books from another county and will need volunteers to help judge. Each club is required to have two adult volunteers and a total of 8 hours of judging time. The more volunteers, adults or older 4-Hers, we have the quicker judging will go. Judging will be from 9:00 AM to ?? in the meeting room at the Community Building. If you plan to attend later in the day, a phone call to the office to check on the status of workload may be a wise idea.

**Club Financial Audit**
As we wrap up the 2022 4-H year, please remember that the 4-H Club Audits are due to the Extension Office before November 1. Information should have been sent to your clubs Treasurer and Leaders.

**Officer Training**
This year we will not be holding an in-person Officer Training. The Council voted to have Deb come to your clubs meeting and present the training.
Meadowlark Extension District
Oskaloosa Office
P.O. Box 326
100 East Washington
Oskaloosa, KS 66066-0326

Address Service Requested

Calendar of Events

Oct 1: 4-H Open Enrollment
Oct 2-8: National 4-H Week
Oct 5-16: Paper Clover @ TSC
Oct 7: Record Book Judge RSVP - JF
Oct 8: Farm Bureau Event - JF
Oct 8-9: Register 48 Hrs of Event
Oct 10: Record Book Judging - JA
Record Book Judging - NM
4-H Council Meeting - NM
Oct 13: Record Book Judging - JF
Nov 1: Financial Review paperwork due
VIP Renewals due
Club Officer lists and Leader lists due-JA
Nov 5: Shutterbug Photography Event - JF
Nov 6: 4-H Achievement Program - JA
4-H Officer Training - JA
Nov 10: 4-H Council Meeting - JA
Nov 11: New Family Orientation RSVP - JA
Nov 14: New Family Orientation - JA

Nov 21: County t-shirt designs due - JF
Nov 22: 4-H Achievement Event - NM
June 1: Camp Counselor Applications due
Sept. 8-17: 2023 Kansas State Fair

All Meadowlark District offices will be closed on November 11 to honor our Veterans.

All Meadowlark Extension District offices will be closed on November 11 to honor our Veterans.

K-State Research and Extension is committed to making its services, activities and programs accessible to all participants. If you have special requirements due to a physical, vision or hearing disability, or a dietary restriction please contact the Holton office at 785-364-4125, the Oskaloosa office at 785-863-2212, or the Seneca office at 785-336-2184.