Statewide Accidental Insurance for all 4-H Members and Volunteers

As of October 1, 2019, Kansas 4-H will provide accidental insurance under a statewide group activity accident policy for 4-H members and volunteers through American Income Life. Utilizing resources from the annual 4-H Program Fee, this benefit will strengthen the 4-H commitment to safe environments, quality programming, and support of local Extension volunteers through 4-H Youth Development. This has been something that 4-H members in Meadowlark District have been covered under, but the State 4-H Program is now covering this cost. There are several important coverage enhancements with the new Statewide Kansas 4-H policy -

1. The new policy includes coverage for all KS 4-H Community Club Youth Members and Board Approved Volunteer Leaders (one more reason to get your 4-H volunteer screening completely done!).
2. Dental coverage benefits are doubled.
3. Illness coverage is included for 4-H members enrolled in summer residential camps.
4. Illness will also be covered for enrolled 4-Hers during the following overnight events: Discovery Days, Citizenship in Action, and Kansas Youth Leadership Forum.

No one plans for accidents, but if they do occur at a Meadowlark District 4-H function, there is a level of coverage for the event. Please visit with Ross if you have specific questions about this policy or need information on filing a claim. Specifics of the policy can be found at: https://www.ailife.com/Pdfs/documents/Annual%20Policy%20Information%20Flyer.pdf

4-H Enrollment Update

By the time you receive this newsletter, the November 1 deadline for returning member re-enrollment in Kansas 4HOnline is very near or just past. This has been covered in past newsletters, emailed to your email account in 4HOnline and should have been discussed at Club meetings recently! We hope EVERY returning 4-H member has been able to complete re-enrollment by this deadline! If you did not, you will be receiving a letter explaining what future consequences will be. Keep in mind that NEW members may join at any time of year, but will have deadlines for participation in 4-H events. (example - must be enrolled in 4-H before participation in Club Day)

Your 4-H enrollment is an important link to participation in the 4-H program. We will use information in your 4HOnline account to create mailing list (including monthly 4-H Newsletter) emails, project list, reports, etc... It is extremely important that you manage your Online account, keeping current information (a valid email you check!, address changes, phone number changes, etc...). In terms of email, you may want to check your Junk, Spam, Trash, Clutter or other such folders and make sure that emails from: 4HOnline <no-reply@4honline.com> or similar @4honline.com emails are filtered to your inbox. This is our main form of communication with our 4-H members, families, volunteers and others.

REMEMBER that a completed district 4-H record sheet is expected for every project on your enrollment at the end of the 4-H year when you turn in 4-H Record books. Enrollment in 4-H is more than just what you plan to take to the fair, 4-H is a year-long experience and you may not even take anything to the fair!!!

Kansas State University Agricultural Experiment Station and Cooperative Extension Service
4-H Personal Achievement Goals

Start the new year off with individual goals for things to accomplish this coming year. 4-H members should take a look at the next Member Achievement Plan you are eligible for and establish your personal goals at this time as well. Goals serve as a guide to keep you on course when times get tough, and prevent you from becoming distracted by unimportant matters. Goals also provide benefits in areas like planning, motivation and the attainment of rapid results. Setting goals has many benefits, a few are: clearer focus, effective use of time, clearer decision making and more effective communication of the plan as well as results. So, let’s all set goals!

New 4-H Family Orientation—REMINDER

Giving new families support and direction in their first year is extremely important! As mentioned in the October newsletter, New Family Orientations are planned for the month of November. Please visit the local pages of this newsletter for more details. Club Leaders; please consider attending these with your new families, or establishing a New Family Coordinator at the club level to assist in making new families feel welcome! One of the most disappointing things we hear from new families it that they didn’t feel welcome, informed or supported, which is not at all what we want as an image for the 4-H program!!!

November 11: Community Building, Seneca – 6:30 PM
November 12: NEKS Heritage Building, Holton – 6:30 PM
November 16: St. Aloysius Church, Meriden – 3:00 PM

4-H Achievement Events
Don’t forget Achievement Events are just around the corner! Please make sure you read the local pages of the newsletter to receive all the details so you don’t miss out!

Jackson Achievement: November 3
NEKS Heritage Building, Holton
Jefferson Achievement: November 9
St. Aloysius Church, Meriden
Nemaha Achievement: November 9
Community Building, Seneca

48 Hours of 4-H Wrap Up

Thanks so much for encouraging your local 4-H Members to take part in 48 Hours of 4-H this year! The next step is getting a good response on the follow-up reporting. Please report your 48 4-H activities by filling out the online report. Even if you did not pre-register, report activities you did so the organizers are able to quantify what happened. If you have thoughts about the event there is a place to add those in the online report. https://www.kansas4-h.org/events-activities/conferences-events/48-hours-of-4-h/index.html
Announcement: State 4-H Coordinated CWF Experience Postponed Until Summer 2021

Kansas 4-H Youth Development will not be coordinating a statewide Citizenship Washington Focus (CWF) experience for the Summer of 2020. Recent history indicates that there were challenges in reaching bus capacity in 2017 and the trip was cancelled in 2018. The intentions of not sponsoring a state coordinated CWF experience in summer 2020 is to help Kansas 4-H better determine how to strategically leverage Citizenship Washington Focus and other 4-H Summits held at the National 4-H Conference Center throughout the rest of the year into the large strategic plan of growing tomorrow’s leaders. There is a tremendous legacy associated with CWF and Kansas 4-H. We are committed as an organization to have a wide array of attractive educational options that provide youth a pathway of fun, dynamic and memorable skill building experiences with friends! Stay tuned for more information on the future of this experience. National information can be found at: https://4-h.org/parents/citizenship-washington-focus/

Kansas 4-H Horse Volunteer of the Year

All across Kansas there are 4-H Horse Volunteers that are making a difference in the lives of 4-H members. Now, is the chance to honor those volunteers for their dedication and commitment to youth by nominating them for the Kansas 4-H Horse Volunteer of the Year! The application information can be found on the Kansas 4-H web site on the Horse page: http://www.kansas4-h.org/projects/animals/horse.html Nominations must be received electronically to the Kansas State Research and Extension’s Department of 4-H Youth Development directly to Pam Van Horn at pvanhorn@ksu.edu. Electronically submitted application must be received by 11:59 PM, November 30. Formal announcement of Kansas 4-H Horse Volunteer will be at the Kansas 4-H Horse Panorama, January 25, 2020.

2020 4-H Horse Panorama

The 2020 4-H Horse Panorama has been scheduled for January 24-26 at Rock Springs 4-H Center. Registration and contest rules for Horse Panorama will be posted to the Kansas 4-H web site soon on the Horse Events page. https://www.kansas4-h.org/events-activities/conferences-events/horse/index.html

Livestock Judging Clinic and Contest

https://www.leavenworth.k-state.edu/docs/Livestock%20Judging%20Clinic%202019.PNG Registration $50 fee due on November 25
When: Saturday, December 7
Where: Leavenworth County Fairgrounds
Time: Check in 7:30 AM: Event 8 AM

New YQCA Curriculum Available

Youth for the Quality Care of Animals (YQCA) the national, multi-species youth livestock quality assurance program, available for youth ages 8-21, launched its third year of the program on October 1. Therefore, a new set of educational online modules are now available for youth to complete, if they choose to do the online option. Youth may complete the online training for $12/child, or participate in an instructor-led session for $3/child. A young person’s YQCA certification is valid for one year.

This annual educational and certification program focuses on food safety, animal well-being, and character awareness for youth producing and/or showing livestock. The species targeted in the training includes swine, beef cattle, dairy cattle, sheep, goats, market rabbits, and poultry.

All fairs in Meadowlark District, the Kansas State Fair Grand Drive and KJLS will require all exhibitors to complete YQCA to be eligible to exhibit eligible species in the 2020 shows. Please be watching this newsletter and your email inboxes for more information on face to face trainings in Meadowlark District.
## Standards for 4-H and FFA

The purpose of the standards outlined below are to assist in determining eligible participation in FFA and/or 4-H Youth Development learning experiences. Both 4-H and Agriculture Education/FFA promote teaching youth life skills. Each program exists to maximize the participants’ knowledge of agriculture and its value to our communities while educating the young people to become productive citizens. Eligible youth may participate in both 4-H and FFA, but should avoid duplication. The following standards of participation are used in delivering the 4-H and FFA programs in Kansas.

1. Agriculture Education teachers, FFA Advisors, Extension staff and local volunteers are encouraged to cooperate in sharing information and resources to provide educational opportunities for youth.
2. When young people are members of both 4-H and FFA, they must plan and manage separate projects, and/or supervised agriculture experiences (SAE) programs.
3. FFA and 4-H members may enroll in the same area of experience in 4-H and FFA, however; participants cannot identify, nominate, manage, keep records on, or exhibit the same plants, animals, etc. in both organizations. Members must designate exhibits as either FFA or 4-H at weigh-in, registration or similar deadline.
4. Members may participate in judging contests and related events in FFA and 4-H but cannot represent both organizations at a contest, show or event at the same time.
5. When 4-H and FFA are conducting collaborating activities, both the 4-H and FFA organizations must be represented through emblems and information on all signs, print materials and awards.
6. Collaborating FFA and 4-H activities or events are obligated to have supervision representation from both organizations.

The standards are in agreement with Kansas 4-H and FFA and hereby affirmed by members and professionals in order to participate in either educational program.

### 4-H Cloverbud Refresher

The Cloverbud program was designed for 5-and 6-year-olds (*Meadowlark extends to 7 and even 8 year olds*). Cloverbuds is activity-focused, rather than project-focused. Furthermore, 4-H Cloverbuds members may not participate in any competitive 4-H events. 4-H Cloverbuds members may showcase their exhibits at fairs and public events. 4-H Cloverbuds may not have animal projects that require long-term, ongoing care or weigh-ins, nor can the member participate as a competitive 4-H exhibitor within animal divisions. Clubs may not offer the Cloverbud program at the club level, without a screened, trained Cloverbud leader. If you or a volunteer in your club is needing to receive this training, please contact your local Extension office to set up a time.

### Why 4-H ???

*(Noting the IMPACT of the 4-H Program in the lives of young people, in their own words.)*

“I love being in 4-H because I get to see all my friends and get to help the community. The meetings teach me how to be in a group setting and I get to help make decisions as a whole. Not one ever feels left out as we all work as a team.”
Welcome New Club Leaders
Soldier Boosters – Yvonne Terry & Anissa Bloom
Denison Builders – Jami Phillips & Sharron Holliday

Record Book Review Volunteers
A huge THANK-YOU to those who took time out of their busy schedules to help judge the JF Co. Record Books this year. I couldn’t of done it without you guys!

2019 4-H Officer Training
If you were elected a 4-H Club officer please be sure to attend the 4-H Officer Training following the Achievement Program on November 3. We will start around 5 PM. This is an extra County activity to have for your record book and pin application so please be sure to attend.

Coloring Book Pages
Calling All 4-H Artists – I am looking to make our own 4-H coloring book. I am asking for 4-Hers to submit drawings of various 4-H projects/4-H events to help promote Meadowlark District – Holton 4-H Program. Drawings need to be in color book format (black & white) and submitted to Cara by December 1. The Ambassadors will choose 8-10 drawings to use in the coloring book. You may either e-mail the entries to carar@ksu.edu or drop them by the Extension Office. Have any questions, please ask Cara.

Horse Judging
If anyone is interested in Horse Judging please let Cara know. We will be starting practices after the first of the year for the State Horse Judging Contest to be held in Salina at Equifest March 6.

On Target with Bullmasters
4-H Shooting Sports
Basic class is November 9 at the NEK Heritage Complex 9 AM-4 PM. Practices will begin November 10 for Jackson/Nemaha air gun shooters (BB gun, air rifle & air pistol). Experienced BB shooters will practice 3-5 PM, air rifle & air pistol will be 5-8 PM. Beginning BB will practice 1-3 PM. There will be a scoring clinic on November 10 during the 3-5 PM BB time. This is for the parents to learn about the scoring process. If possible please let me know if planning to attend the class at bullmastersshottingsports@yahoo.com. The basic class is open to all MED members.

Annual Fairboard Meeting
This is an open public meeting. This is for the election of Fairboard Directors. If anyone is interested in becoming a fairboard member please be at this meeting. Meeting will be held Thursday, December 5 at 6:30 PM at the Northeast Kansas Heritage Building.

JCMA Christmas Bureau
The JCMA Christmas Bureau is accepting donations for the 2019 Jackson County Christmas Store. The last day to donate is Monday, December 2. Clubs may donate the following: Non-Perishable Food, Toiletry Items, Toys for ages 0-18, Gift Cards for Teens and Monetary Donations. Items may be dropped off at Lifetime Eye Care in Holton on Mon-Thurs 8 AM-5 PM or Fridays 8 AM-3 PM. They are also looking for volunteers so if you are need of some community service please let Cara know.

Updated shotgun rules 2019-2020
11 year olds will now be able to shoot shotgun with prior approval.
**News from the Oskaloosa Office**

**November 1st Deadlines**
Enrollment Online for returning members, Annual Club Financial Reports and Prize Description for 4-H Carnival Tickets are due in the office.

**National 4-H Week**
Clubs were busy promoting 4-H thru displays, community service projects, schools and Facebook. Keep inviting others to join you in our 4-H program! 4-H has so much to offer—thanks to each club who helped share what we do!

**New Families**
Welcome to our 4-H family! We hope you will get involved, ask questions and have a successful year. Don’t hesitate to contact your club leaders, or our office, if you need help. There is a lot to know and learn, and we want our member families to have the information they need.

To help you, please plan to attend our Fabulous Fall Event, which includes New Family Orientation on Saturday, November 16, at the Oskaloosa Schools. This orientation has proven to be helpful for those families that have participated in the past. Children are encouraged to register for the project sessions offered during orientation. The entire event runs from 3-5 PM, and the whole family is invited. See the “Fabulous Fall Event” article on this page for further details.

**Fundraising**
Several times throughout the year we have a need for someone to host a meal at an event. If you, or your club, are interested in being contacted when there is a need, please let the office know.

**Record Books**
THANK YOU to the adults and youth who took time to help judge record books on October 10 and 14. We hope you learned a lot from what others are doing and the skills that are being developed thru project work.

THANK YOU to every 4-Her who completed their project record books, and to the club leaders/committee who assisted and reviewed record books at the club level. Record-keeping is an important life skill that you learn thru your project work, and we appreciate your efforts!

**County 4-H Club Day**
Plan to share what you are learning in your projects through a Project Talk, Illustrated Talk, Demonstration, or Public Speaking entry at County Club Day. Vocal, instrumental and dance entry options are also possibilities. Tentative date is Sat., Feb. 29.
Cloverbud Leaders Training
Does your club have Cloverbud members? All clubs with Cloverbuds need to have a trained leader. Debra is willing to do a Cloverbud Leaders training any time that will work for you. Please contact her at dahenry@ksu.edu to set up a training time.

4-H Activity Calendar
Want a great tool for keeping track of all your family’s 4-H participation? Use the calendar we have made for you that is located on the District website at the top of the Nemaha/Seneca page https://www.meadowlark.k-state.edu/4-h/seneca.html

Record Book Reviews
A huge “THANK YOU” to those who took time out of their busy schedule to judge record books from Jackson County this year. Every club was represented with over 23 adults and 12 youth helping with the process. What great volunteers we have!

Achievement Night
Congratulations to all individuals receiving awards at Achievement Night and thank you to the clubs that helped make the night a success, especially the Stateliners, Busy Jayhawkers, Woodlawn Meadowlarks and Frontier Farm Credit.

If your award had a donor, please remember to send them a thank you. The donor name and address should be with your award. All awards for achievement pins, Rookie of the Year, and top books are paid for by the 4-H Council.

Project Event in January
We will be having a project event over Christmas break with possible dates of December 30 and January 3 at the Community Building. At this time, we do not have the time set. Be watching for more information in the next newsletter.

4-H Club Day
A tentative date for 4-H Club Day will be Saturday, March 7 at Jackson Heights High School. We will be sharing the facility with 4-Hers from Jackson Co. Each county will be judged individually. Be thinking about what events you want to sign up for. The Club Day Guide can be found on the district website under resources for detailed information on all events.

4-H Council Committees
Any 4-Hers can be on the 4-H Council Committees. There are 5 different committees. Fair events - plans events held during the fair such as Barnyard Olympics; Traveling Scholarship - make recommendations for changes in the current award and then review applications; Food Stand - plan menu and assist with pre fair prep and during fair; Finance - review financial audit and present budget; 4-H promotion - initiate plans for promoting 4-H.

If you would like to be on one of these committees, please contact Deb at dahenry@ksu.edu

Bullmasters 4-H Shooting Sports
Please see the Holton page for information for basic shooting class.

Important Dates
November Fairboard Meeting
The Nemaha County Fairboard will be having their annual meeting November 4 at 7:30 PM at the meeting room in the Community Building. Anyone is welcome to attend.

New Family Forum
New 4-H families are invited to attend an orientation session November 11 beginning at 6:30 PM at the Community Building meeting room. Anyone is welcome to attend this forum.

Food Fare Event
January 3 we will be having a Food Fare for all 4-Hers. This year’s theme is Restaurant Copycats.

Club Food Booth is a food station organized by a club and relates to the theme. No two Food Fare booths look the same, but booths will consist of 3 homemade food samples and decorations. Tables and paper supplies are provided by the 4-H Council. This is a great opportunity for 4-H'ers to get the chance to plan and carry out a menu as well as improve their cooking skills.

Food Fare participants get to visit each booth at their own leisure and taste all the delicious food! It's free to all 4-H. It's a fun opportunity for the members to get to try tasty food and maybe get some new recipe ideas.

Be watching your next newsletter for more information.
Calendar of Events

Nov 1: 4HOnline re-enroll deadline
        4-H Financial Review due
        Carnival prize descriptions due

Nov 3: Achievement Event-Holton
        Officer Training-Holton

Nov 4: NM Fair board annual meeting

Nov 6: Fabulous Fall registration due

Nov 9: Achievement Event-Seneca
        Achievement Event-Meriden
        Basic Shooting Sports Class

Nov 10: Shooting scoring clinic-Holton

Nov 11: New Family Orientation-Seneca

Nov 12: New Family Orientation-Holton

Nov 14: JA 4-H Council meeting

Nov 15: T-shirt designs due-Oskaloosa

Nov 16: Fabulous Fall Event-Meriden

Nov 19: JA 4-H Council

Nov 25: Livestock Judging regist. due

Nov 30: Horse Volunteer apps. due

Dec 1: Coloring Book pages due

Dec 2: JCMA Christmas donations due

Dec 5: JA Fair board annual meeting

Dec 7: Livestock Judging Clinic

Last 4-H Newsletter

This will be your last 4-H newsletter IF you have NOT completed enrollment/re-enrollment for the year. Each month we review addresses in the 4HOnline database and reconcile our newsletter mailing list at K-State. If you don’t have an address in a 4HOnline account, you will be dropped from this list. Once information shows up in 4HOnline, you will begin receiving correspondence again. It is your responsibility as a member/family to maintain current contact & mailing information in your Kansas 4HOnline account. If you have any questions about 4HOnline, please visit: http://www.meadowlark.k-state.edu/4-h/enrollment.html

All offices will be closed November 11 in observance of Veterans Day!

Holton Office
114 W. 5th St.
Holton, KS 66436-1778
785-364-4125

Oskaloosa Office
P.O. Box 326
100 East Washington
Oskaloosa, KS 66066-0326
785-863-2212

Seneca Office
1500 Community Dr.
Seneca, KS 66538-9808
785-336-2184

K-State Research and Extension is committed to making its services, activities and programs accessible to all participants. If you have special requirements due to a physical, vision or hearing disability, or a dietary restriction please contact the Holton office at 785-364-4125, the Oskaloosa office at 785-863-2212, or the Seneca office at 785-336-2184.