



4-H UPDATES



Official Newsletter of Meadowlark Extension District 4-H

Heather Roenne Resigns Her Position

A recent message from my office announced that Heather Roenne has resigned from her position as the 4-H Youth Development Extension Agent with the Meadowlark Extension District. Her last day in the office was October 10, 2025, and she will certainly be missed.

Heather's decision to leave came after much thoughtful consideration. She was presented with an opportunity to return to the classroom — a setting she left before joining Meadowlark and one she greatly missed. Heather described her time as a 4-H Program Manager and later as our District 4-H Agent as a profoundly rewarding experience. She cherished working with passionate volunteers, dedicated families, and inspiring young people.

As we enter a transition period for the District 4-H program, Heather worked closely with the Oskaloosa office staff and program managers to ensure a smooth handover. We are grateful for her efforts and thank her as we move forward.

"I will be moving on from the ranks of Extension. I have thoroughly enjoyed my two-plus years serving in the District 4-H Program. It has brought me great joy seeing the youth set goals, achieve, and develop within the program. I will remember the connections I have made and the lessons I have learned from both volunteers and the youth.

I want to thank all of the young people, volunteers, and co-workers for making my time in the Meadowlark District enjoyable!" ~ Heather Roenne

4-H Enrollment Update

By the time you receive this newsletter, the **November 1 deadline for returning member re-enrollment** in Kansas 4-HOnline2.0 is very near or just past. This has been covered in past newsletters, emailed to your email account in 4-HOnline and should have been discussed at Club meetings recently! We hope **EVERY** returning 4-H member has been able to complete re-enrollment and pay your program fee by this deadline! Keep in mind that NEW members may join at any time of year, but will have deadlines for participation in 4-H events. (example – must be enrolled in 4-H before participation in 4-H Club day).

Your 4-H enrollment is an important link to participation in the 4-H program. We will use information in your 4-HOnline account to create mailing list (including monthly 4-H Newsletter) emails, project list, reports, etc... It is extremely important that you manage your 4-HOnline account, keeping information current. This is our main form of communication with our 4-H members, families, and volunteers.

November 2025

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Why 4-H ???

(Noting the **IMPACT** of the 4-H Program in the lives of young people, in their own words.)

"Through my many years in 4-H, I have learned that the people I have met in 4-H is the best part."

State 4-H Resource Refresher

The Kansas State 4-H website has a great wealth of resources designed to help the 4-H member and/or 4-H Project leader. If you have not yet visited the Kansas Clover Classroom, please check it out at https://www.kansas4-h.org/resources/leader-resources/cloverclassroom/index.html. New project lessons are being added all the time.

Another resource is the 4-H Club Corner, which has a wealth of information. Don't forget the sub-pages with Officer and Volunteer Resources, https://www.kansas4-h.org/resources/leader-resources/clubcorner/index.html.

48 Hours of 4-H Wrap Up

Thank you so much for encouraging your local 4-H members to take part in **48 Hours of 4-H** this year! There were so many great projects shared on social media, and we know a few are still taking place.

Now we need a good response for the follow-up reporting. If your club or group completed a 48 Hours of 4-H activity, please take the final step and fill out the online report at https://kstate.qualtrics.com/jfe/form/SV a5m06aP6jzvb2IM. Even if your project was not pre-registered, please report what was done so event organizers can capture the full impact and enjoy seeing photos.

If you have thoughts or feedback about the event, there's a space in the report to share those as well. Thank you for truly taking the "Pledge of Hands to Larger Service" to heart!

Online Record Keeping with ZBooks

The online ZBooks 4-H record keeping software, has been launched for 2025-2026 program year. Families can continue to fill out the form-fillable .pdf version of Project Report Forms or they may opt to keep their records online with ZBooks. Both are evaluated using the same scoresheet and the same set of standards.

Some features of ZBooks:

- Mobile friendly—jot down notes, weights, ear tags, expenses, etc. on the spot!
- Internet based—you can work on them from any device connected to the internet.
- Unlimited entries until final report is submitted- youth select the allowed number of entries to print on final report, allowing them to prioritize, summarize, etc.

YQCA Update

The national, multi-species youth livestock quality assurance program, Youth for the Quality Care of Animals (YQCA), launched its eighth year on October 1. A new set of educational modules is now available for youth to complete online. Instructors are being trained in October and will offer in-person training sessions later. Keep watching this newsletter and your email for more information on upcoming in-person sessions.

Youth may complete the online training for \$12 per child or participate in an instructor-led session for \$3 per child. All participants must register and pay through the YQCA site, regardless of the type of training. A young person's YQCA certification is valid for one year, so youth must re-certify annually.

YQCA certification is again required to show at the fairs within the Meadowlark Extension District for exhibitors in Beef, Dairy, Meat Goats, Sheep, Swine, Market Poultry, and Market Rabbits.

The **Kansas State Fair Grand Drive** and **KJLS** are expected to continue requiring all exhibitors to complete YQCA certification to be eligible to show in the 2025–2026 season. Youth must re-certify **prior to nomination** (for market animals and commercial females) or **prior to entry** (for those showing only registered breeding females).

4-H Personal Achievement Goals

Start the new year off with individual goals to accomplish great things. 4-H members should review the next Member Achievement Plan for which they are eligible and establish personal goals at this time. Goals serve as a guide to keep you on course when times get tough and help prevent distraction by unimportant matters.

Setting goals has many benefits, including a clearer focus, more effective use of time, better decision-making, and improved communication of both plans and results. To assist with goal setting, a guide was developed several years ago. If you need additional help, check out this publication: https://bookstore.ksre.ksu.edu/pubs/4H1100.pdf.

Standards for 4-H and FFA

The purpose of the standards outlined below are to assist in determining eligible participation in FFA and/or 4-H Youth Development learning experiences. Both 4-H and Agriculture Education/FFA promote teaching youth life skills. Each program exists to maximize the participants' knowledge of agriculture and its value to our communities while educating the young people to become productive citizens. Eligible youth may participate in both 4-H and FFA but should avoid duplication. The following standards of participation are used in delivering the 4-H and FFA programs in Kansas.

- 1. Agriculture Education teachers, FFA Advisors, Extension staff and local volunteers are encouraged to cooperate in sharing information and resources to provide educational opportunities for youth.
- 2. When young people are members of both 4-H and FFA, they must plan and manage separate projects, and/or supervised agriculture experiences (SAE) programs.
- 3. FFA and 4-H members may enroll in the same area of experience in 4-H and FFA, however; participants cannot identify, nominate, manage, keep records on, or exhibit the same plants, animals, etc. in both organizations. Members must designate exhibits as either FFA or 4-H at weigh-in, registration, etc.
- 4. Members may participate in judging contests and related events in FFA and 4-H but cannot represent both organizations at a contest, show or event at the same time.
- 5. When 4-H and FFA are conducting collaborating activities, both the 4-H and FFA organizations must be represented through emblems and information on all signs, print materials and awards.
- 6. Collaborating FFA and 4-H activities or events are obligated to have supervision representation from both organizations. The standards are in agreement with Kansas 4-H and FFA and hereby affirmed by members and professionals in order to participate in either educational program.

4-H Club Fundraiser Notice Form

Having funds available for 4-H club activities and charitable donations is essential to the success of your club. To ensure your fundraiser follows proper use of the 4-H logo and that all funds are handled correctly and accounted for, we ask all 4-H clubs to complete and return this fundraiser notice at least **10 days prior** to each event.

The form is available on the Meadowlark Extension District website at https://www.meadowlark.k-state.edu/docs/4h/forms/Club-Fundraiser-Approval-Fillable-Form.pdf. It is a fillable form that can be submitted to your local Extension office within the Meadowlark Extension District.

Your local Extension office will note when the form was received and who reviewed it. They may also provide recommendations or suggestions to help ensure your fundraiser is safe and successful.

After the event, a fundraiser balance sheet—located on the back side of the notice form—should be completed within **60 days** to report the financial details of the fundraiser. Once completed, the balance sheet serves as an excellent record to share with your 4-H club and a reference if your club decides to hold future similar fundraisers.



Project Spotlight



Sewing & Textiles

"Learning to sew is a great skill to have in life, especially since, nowadays, it's such an uncommon thing to have. I love seeing little girls who have the same motivation like me and want to learn so they can be just like their mom or their grandma.

I hope that this skill never dies out, because it's a great thing to have, and I love bragging about it when someone asks where I got my outfit. Sewing has made me learn that patience is the key to success, and if you fail, you can always try again. Sometimes, when sewing your stitches aren't always gonna be the straightest or they're not gonna be the prettiest—and that's why you can always use a seam ripper, try again, and keep doing it until you succeed.

In the same way, life has the same concept—whether that's trying to find a new job, going to the right college, or even having the right major. If you fail the first time, you can always pick yourself back up and try again."

Breanna Brees 12 year 4-H member Delia Early Birds

Bullmasters Have Successful Summer/Fall Season

The Jackson/Nemaha Bullmasters 4-H Shooting Sports project had a very busy and successful summer/fall season. There were 6 that participated in archery, and 4 of those qualified for the state match held on **September 20** at T.H.E. Archery outside of Wakarusa. The archers performed very well at state, with our Compound Bow Hunter team placing 2nd and our Compound Open team placing 3rd. Both teams consisted of William Beauchamp and Tucker Terry.

Archery Results:

Compound Bow Hunter – Senior Division:

- William shot 229 in FITA, resulting in a four-way tie for 5th place. He finished in 8th place. He then shot 198 in Trail (a combination of Field and 3-D targets), earning 1st place. His total aggregate score was 427, which tied for 1st overall and earned 2nd place.
- Tucker shot 228 in FITA and 191 in Trail, earning 4th place in that event. His total aggregate score of 419 placed him 5th overall.

Compound Bow Hunter—Junior Division:

• Participant K shot 178 in FITA, 92 in Trail, and a total aggregate of 279.

Compound Open – Senior Division:

- William shot 234 in FITA to earn 2nd place, 195 in Trail for 3rd place. His total aggregate of 428 which tied for 3rd, and after the X's tiebreaker, he finished 4th.
- Tucker shot a 229 in FITA, a 181 in Trail, and had a total aggregate of 410.

Junior Recurve Barebow:

 Keatyn Prentice shot 178 in FITA to earn 3rd place, 146 in Trail, and a total aggregate of 324, earning 4th place overall.

Shotgun Discipline:

The shotgun team also had a full and active summer and fall. There were 10 shooters who participated this season, along with 2 additional participants from a neighboring county that does not offer shotgun. The discipline includes trap and skeet, which must be qualified for separately to compete at State. Once qualified, shooters can also choose to compete in sporting clays at the state match.

All 10 shooters qualified for state in at least 1 event, and all chose to shoot sporting clays. The State Shotgun Match was held **October 11–12** near Wichita, with the following results:

Junior Division:

- Eva Shaw Trap: 81 | Skeet: 75 | Sporting Clays: 60
- Beau Barrow Trap: 71 | Skeet: 59 | Sporting Clays: 69
- Mac Bowe Trap: 61 | Sporting Clays: 62

Senior Division:

- Jace Doyle Trap: 92 | Skeet: 87 | Sporting Clays: 65
- William Beauchamp Trap: 91 | Skeet: 80 | Sporting Clays: 75
- Brodey Nicol Trap: 90 | Skeet: 88 | Sporting Clays: 77
- Austin Zeller Trap: 89 | Skeet: 83 | Sporting Clays: 72
- Junior Beauchamp Trap: 82 | Sporting Clays: 65
- Cale Banker Trap: 78 | Skeet: 82 | Sporting Clays: 86 (tied for 3rd; after the tiebreaker, placed 4th)
- Abigail Milroy Trap: 77 | Skeet: 78 | Sporting Clays: 63

To be eligible for the team event, shooters must compete in all 3 games, and then top total aggregate scores make up a team. The Bullmasters shotgun team—consisting of Brodey Nicol, William Beauchamp, Cale Banker, Jace Doyle, and Austin Zeller—placed 5th overall.

Small-Bore Rifle Discipline:

There were 4 shooters—Junior Beauchamp, William Beauchamp, Colt Harris, and Rey Harris—that practiced their .22 rifle skills and participated in our home match.

The Bullmasters look forward to another safe, fun, and successful year as they begin the 2025–2026 4-H season. Air pistol, air rifle, and BB gun practices will begin **November 23**.

Jackson County News

Record Book Review Volunteers

A huge THANK-YOU to those who took time out of their busy schedules to help judge the Record Books this year. I couldn't of done it without you guys!

Volunteering with 4-H

Volunteers are the reason 4-H programs exist. They help youth find their spark and encourage them to pursue it. Great volunteers stay up to date on research, they evaluate how their program is doing and they have passion for our youth. If you would like to volunteer or know of someone who would please have them contact our office.

Club Project Leaders Needed

What is the purpose of a project leader? Provide Leadership/Teaching in a specific subject matter area to a small group of 4-Hers and assist them to develop life skills. We have lots of resources available for project leaders, if you are interested. Please talk to your local club leader and then contact our office for more information.

Calling committee members......

As we all know, committees are where the work gets done in an organization. It is said that many hands make light work! It is important that we have ample committee members to accomplish the work at hand, otherwise opportunities are missed and things do not happen. According to the Jackson County 4-H Council Constitution and ByLaws, each club should have four (4) elected 4-H members to 4-H Council and two (2) elected alternates. Each club should also have two (2) adult members be a part of their 4 total representatives. The above mentioned individuals must serve on a 4-H Council Committee. Everyone DOES NOT have to be on 4-H Council in order to serve on a 4-H Council Committee.

We encourage 4-H members and adults of all ages to serve on a 4-H Council Committee.

The 2025 4-H Council Committees are:

- Finance—review financial audit and present budget
- Concession stand—plan menu and assist with pre-fair prep
- Achievement Program—set date for Achievement Program and go over awards
- Fair Awards—help select fair awards
- Fair Events—plan events held during the fair such as extra activities/games

Meadowlark District Facebook

Are you on Facebook? If so, please be sure to like our Meadowlark District 4-H Facebook page so we can help keep you informed and up to date on current 4-H happenings.



4-H Record Book Tip

Now is the perfect time to complete your personal page while you have a school picture available and have enrolled in your projects. Check your next pin application for activities and events you may need to attend throughout 2025-26.

UPCOMING EVENTS

New Family Orientation

Welcome New 4-H Families – We are wanting to get you started off on the right foot in 4-H so we have planned an evening where we can sit down and talk about what to expect in your 1st year of 4-H. We have set **Wednesday, November 19** at **6:30** PM at the Northeast Kansas Heritage Building. Please RSVP to the Extension Office at 785-364-4125 or e-mailing Cara at carar@ksu.edu by **Monday, November 17**.

Club Leaders-please consider attending these with your new families, or establishing a New Family Coordinator at the club level to help new families feel welcome.

November 4-H Council Meeting

The next Council Meeting will be **Wednesday**, **November 12** at 7:00 PM. All club Council Representatives are strongly encouraged to attend. This will be officer elections so each club should have their 4 representatives attend the meeting. Club representatives must be at least 1 adult and 3 youth. Only those 4 representatives will be allowed to vote at the Council meetings. You do not need to be a 4-H Council representative to try for a 4-H Council officer position.

Annual Fair Board Meeting

This is an open public meeting. This is for the election of fair board directors. If anyone is interested in becoming a fair board member, please be at this meeting. Meeting will be held **Thursday**, **December 4** at **6:30 PM** at the Northeast Kansas Heritage Building.

4-H Club Day

Mark your calendars for **February 28**! Club Day will be held at Jackson Heights High School. We will be sharing the facility with Nemaha County.

Jefferson County News

Record Books

Fourteen volunteers shared their time **October 13** to review record books from Nemaha County. We appreciate each of you and express our gratitude for your contribution.

For each Jefferson County 4-H member who submitted a record book, great work and thank you for seeing your 4-H year through! Our club leaders deserve thanks, as well, for organizing numerous books from their individual clubs.

Key Enrollment Notes

Enrollment is finalized for our returning members, but the option for project addition and deletion is still open through **May 1**. As a note for intermediate to senior members aiming for a Key Award to close your 4-H career, you must have four years in the Leadership project. Be planning for your future success now!

All members are encouraged to return to 4-H Online and double-check your enrollments for accuracy.



UPCOMING EVENTS

Achievement Banquet Reminder

Remember that the achievement banquet is coming up. It is going to be **Saturday**, **November 8** at **6:00 PM** at Oskaloosa Public Schools (404 Park St.). Awards will be presented to both youth and volunteers. The Council had voted to offer a meal featuring BBQ meatballs, scalloped potatoes, vegetables, rolls, and dessert for \$16 per plate.

Something new in 2025!

Families may now digitally submit their registration.
Physical payments are still required. Get your family on the list: www.kstate.qualtrics.com/je/form/SV-8lhThHedyBr3fdl



Superintendent Interest

Do you have particular interest in a 4-H project and want to take the next step toward leadership? There could be a Superintendent opening in your area of expertise. Express your interest by emailing Amanda at ammanville@ksu.edu by the extended deadline of November 10.

Design the Next Fair T-Shirt

Council members voted "*Party* on the *Prairie*" to be the 2026 Jefferson County Fair theme. All members are invited to create a design that would bring that theme to life on the 2026 fair T-Shirts. Something to remember: it should



incorporate the names of the 4-H clubs somewhere in the design. Send your hand drawn or computergenerated design to ammanville@ksu.edu by **November 14**. The creator of the design chosen earns a \$25 prize.

Fall Project Fair & New Family Orientation

Curious to know how you can make the most of your 4-H experience? Plan to attend the Fall Project Fair **Saturday, November 15**, at **2:00 PM** at the Fairgrounds to discover projects offered through 4-H and participate in hands-on workshops.

Learn more about how photographs are judged and find ways to work with your wardrobe for Shopping in Style, grow your skills in crafting mediums and public speaking, spark new interest in our natural environment projects, and so much more.

In conjunction, we are hosting New Family Orientation as an opportunity for all the questions to be asked and answered in one session.

4-H Council Meeting

Join the Jefferson County 4-H Council **November 24**, **7:00 PM** at the Fairgrounds. Tentative items for discussion include planning Carnival and Club Day, voting on a design to accompany the "Party on the Prairie" fair theme, proposing 2026 Jefferson County Fair class changes, discussing 2026 senior recognition, and more.

County **4-H Club Day**

While March 7 feels incredibly far away, it is not too early to start preparing to showcase your talents. Find that perfect piece of music, build up your project talk, study up on parliamentary procedure – opportunities are there for your 4-H member.



Nemaha County News UPCOMING EVENTS

Congratulations!

Congratulations to our new 2025-2026 4-H Council Officers, elected at the September meeting. They are: President – Ella Sourk, Woodlawn Meadowlarks Vice President - Carson Edelman, Trailblazers

Secretary – Bob Langill, Trailblazers

Treasurer - Sullivan Haverkamp, Pony Express

Reporter – Charolette Rottinghaus, HHHH

Thank you to our 2024-25 officers - Addie Haverkamp, Samatha Schultejans, Natalle Strathman, Sullivan Haverkamp and Maddy Mosteller.

4-H Activity Calendar

Looking for an easy way to keep track of your family's 4-H activities and events? Check out the 4-H Activity Calendar available on our District website! You'll find it at the top of the Nemaha/Seneca page: http://www.meadowlark.k-state.edu/4-h/nemaha.html.

Record Book Reviews

A huge "THANK YOU" to everyone who took time out of their busy schedules to judge Jefferson County record books this year! Your dedication and attention to detail are greatly



appreciated. It was wonderful to have senior 4-Hers join in and help with the process — what an awesome example of leadership and teamwork. We are truly grateful for our amazing volunteers!

4-H Council

The 4-H Council is a group of 4-H members who help make decisions about county 4-H programs. Each club can have up to 4 voting members at each meeting. If you are your club's council representative and cannot attend a meeting, please reach out to another club member to take your place. Remember, it is not the leader's job to attend and vote — this is your opportunity to do your part and be a leader!

All 4-H members are welcome to get involved! Choose from one of four committees:

- 1. Fair Events Plan fun fair activities like Barnyard **Olympics**
- 2. Traveling Scholarship Review applications & suggest updates
- 3. Food Stand Help plan menus & prep for fair week
- 4. Finance Review the budget & audit

Interested? Email Deb at dahenry@ksu.edu.

November Fair Board Meeting

The Nemaha County Fair Board will hold its annual meeting on November 12 at 7:30 PM in the meeting room at the Extension Office. Fair members and interested parties are welcome to attend.

New Family Forum

New 4-H families are invited to attend an orientation session November 17 at 6:30 PM at the Extension Office. Anyone is welcome to attend this forum. New 4-H members are encouraged to attend with their parents as Ambassadors will have activities for them to do.

Achievement Event

Reminder everyone is welcome to attend our Achievement event, including grandparents, on Tuesday, November 25 beginning at 6:30 PM.

- Potatoes Centralia Aces, Stateliners, Pony Express, **Trailblazers**
- Vegetables / other side dish Achievers, Woodlawn Meadowlarks, Red Rustlers
- **Dessert** Busy Jayhawkers, HHHH, Kelly Twilighters

4-H Food Fare

Join us for this year's 4-H Food Fare on January 2! This fun, food-filled event is open to all 4-H members, and the 2025 theme is "Colors".

Each Club Food Booth is a food station organized by a club and designed around the theme. While no two booths look alike, each will feature:

- Three homemade food samples (one main dish, one side or dessert, and one drink)
- Creative decorations that match the theme.

Tables and paper supplies will be provided by the 4-H Council. This is a great opportunity for 4-H'ers to plan a menu, prepare food, and practice cooking skills in a fun and supportive environment. Participants can visit the booths at their own pace and enjoy delicious samples from each club—all for free!

4-H Club Day

Mark your calendars! 4-H Club Day will be held on Saturday, February 28 at the Jackson Heights School. Again, we'll be sharing the facility with Jackson County 4-H members, but don't worry — each county will be judged individually.

Now's a great time to start thinking about which events you'd like to participate in! You can find the Club Day Guide and more details at https://

www.meadowlark.k-state.edu/4-h/club day.html..



Meadowlark Extension District Oskaloosa Office

P.O. Box 326 100 E . Washington Oskaloosa, KS 66066-0326

Address Service Requested

Kansas 4-H T-Shirts Available

The **Beyond Ready** t-shirts that were sold at the Kansas Sate Fair will be available through an online order system with our business partner, NZone. There will be a late **November** order date to be delivered in **mid-late December**.

It would be a good idea to do group or club orders to minimize shipping fees. Once the ordering information is available, it will be shared on the Kansas 4-H Social Media, on the 4-H website and in an e-mail to local staff.

Thanks for supporting this 4-H Youth Leadership Council Fundraiser and showing Kansas 4-H Pride!

Calendar of Events

Nov. 1: Financial Review paperwork due to office

Club Officer & Leader Lists due to office

Nov. 2: Achievement Program, JA—Postponed until later date Club Officer training, JA—Postponed until later date

Nov. 4: Club Officer training, NM **Nov. 8:** Achievement Banquet, JF

Nov. 10: Superintendent for 4-H projects interest due, JF

Nov. 11: Offices closed for Veterans Day

Nov. 12: 4-H Council Meeting, JA Fair Board Meeting, NM

Nov. 14: Design next fair's t-shirt deadline, JF

Nov. 15: Fall Project Fair & New Family Orientation, JF Basic Shooting Sports Training, JA

Nov. 17: New Family Orientation RSVP's due, JA

Nov. 19: New Family Orientation, JA

Nov. 22-23: Kansas Youth Leadership Forum, Rock Springs **Nov. 23-Dec 14:** Tractor Supply Co. Paper Clover Campaign

Nov. 24: 4-H Council meeting, JF

Nov. 25: Achievement Event, NM

Nov. 27 & 28: Offices closed for Thanksgiving

Dec. 4: Annual Fair Board Meeting, JA

Jan. 2: Food Fare, NM

Feb. 21: Carnival, JF

Feb. 28: 4-H Club Day, JA & NM Mar. 7: County 4-H Club Day, JF



Holton Office

114 W 5th St. Holton, KS 66436-1778 785-364-4125

Oskaloosa Office

P.O. Box 326 100 E Washington Oskaloosa, KS 66066-0326 785-863-2212 Seneca Office 1615 Branch St. Seneca, KS 66538-1504 785-336-2184

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