Kansas 4-H Youth Council

This year, Brooke Slipke, a 4-H member of North Jackson Jets 4-H Club, was selected for the State 4-H Youth Council! Across the state there were 14 youth selected, so this is a major accomplishment for Brooke!

To become a State 4-H Youth Council member is an intensive process. First, an extensive application must be completed and submitted for review. From there, Brooke was selected to go through the process of an interview. Furthermore, she gave a speech to the delegates of the Northeast Region, and was ultimately elected via a ballot vote by those same delegates.

During her year of service as a State 4-H Youth Council member, she will have duties to represent the delegates that elected her. These include, but are not limited to:

- Attending a Youth Council Retreat
- Attend Citizenship in Action
- Attend events that are sponsored or hosted by Youth Council
- Communicate with the Extension Units across the Northeast Region

While talking to Brooke, she talked about what she hopes to gain while serving as a council member, saying, “[I want to] grow my leadership skills, build relationships, and serve the State and local 4-H Units.” As a word of encouragement, she said, “I learned that if I want to do something, to go for it.” She spoke about how something that may not seem reasonable, can actually be reasonable and attainable. She also encourages everyone to get involved in all levels of 4-H, and be on the lookout for the application next year!

Sheep & Goat School

You are invited to the Northeast Kansas Sheep and Goat School on March 9 from 6:30-8:00 PM at McLouth High School. Topics will include:

- Basic veterinary care of sheep and goats through a VCPR and the Antibiotic changes coming in June of 2023 presented by Matthew Kelso, DVM, Cedar Ridge Veterinary Clinic, Atchison
- Marketing sheep and goats/market outlook presented by Bennie Phillips, Phillips and Sons, Leavenworth Livestock Auction
- Ask the Agents, basic information on sheep and goat production with Matt Young, Tyler Sale and Ross Mosteller.

There is no cost to attend, but please RSVP to Ross in the Seneca office by Monday, March 6.
4-H Camp Options

4-H Camp will look much like it did last year. For those of you who did not attend camp last year, this will be give you an overview of how it is structured.

- “County Camps” are no longer happening. Rock Springs Ranch will be organizing and coordinating all aspects of the 4-H overnight camping experience. This means that those of you who are used to “Pioneer Trails” 4-H camp, will not see that as an option and we will not be collecting camp registration as in the past.
- Youth/Families can now select the time frame to attend 4-H Camp at the time that works best for you. You can register and pay for 4-H Camp directly at https://www.rockspringsranch4hcamp.org/. The three-night and six-night options are available. Other options for camp outside of the “traditional” camper ages follow.
- Explorers – Ages 8-10 (Rising 3rd-5th graders) This is the youngest campers. They will work on gaining their independence, making new friends, and discovering the larger world around them. While at camp they will enjoy archery, swimming, intro to horses, BBs, corcls, the giant swig and many other fun activities. This group will also have the highest staff to camper ratios.
- Trailblazers – Ages 11-13 (Rising 6th-8th graders) This group has greater access to activities and will spend time with more campers in their age group and work on skills development. Activities include aerial archery, swimming, horses, rifles, canoes, climbing wall, and more.
- Adventurers – Ages 14-17 (Rising 9th-12th graders) The oldest group in or “traditional” camp. Adventurers spend most of their time at activities they choose along with other campers in their group. Activities are at the top tier of RSR offerings including 3D archery, swimming, horses, trap shooting, kayaks, high ropes and zipline.
- Leaders-In-Training – Ages 14-16 (Rising sophomores and juniors) This immersive experience empowers youth to find their voice and transition into leaders ready to serve their communities. Teens participate in camp activities and challenges while also learning leadership development and civic engagement skill. During the week teens bond and find a sense of belonging through teambuilding, leadership skill development, and generosity.
- Counselors-In-Training – Ages 16-17 (Rising HS seniors) They will be given responsibility over a group of younger campers from breakfast to bedtime. These teens will receive camper care training and counselor experience, but they will also have “camp” time with their peers built into each day. The CIT program is a fun and wonderful way to explore what it means to be a beginning leader and a mentor and is a good fit for young people who may want to explore a career in education, early childhood care or other related fields. The program also covers important skills such as learning how to give and receive feedback, set and achieve goals, resolve conflict, plan and lead activities and build confidence. Time in this program also looks good on college applications.

93rd Annual Hoard’s Dairyman Cow Judging Contest

You are invited to join the thousands of others who participate in this fun and educational picture judging contest. This interactive web-based portal contains all five classes, and allows you to submit your entries online and receive your scores via email at the completion of the contest. Cash prizes and framed certificates are awarded to winning individuals and groups. Also, each team member who is part of a group entry is eligible for individual prizes. Please go to https://judging.hoards.com/ to register. This year’s contest entry deadline is Thursday, March 23.

Super 4-H Saturday—Hays Judging Contest

The Annual Super 4-H Saturday NW Judging Contest, which includes Crops, entomology, horticulture, life skills, photography, and livestock will be held at Fort Hays State University in Hays on Saturday, March 25. Indoor Judging will start at 9:00 AM and run until 12:30. You can judge one or all five contests. The Livestock judging registration will start at 12:30 PM with contest starting at 1:30 PM. Mark your calendars and watch for the final details to be announced soon. If you have any questions, or wish to register, contact Clay in the Oskaloosa office, and he can direct you to the appropriate contact.
**Bullmasters S.S. State Qualifying Match**

Bullmasters 4-H Shooting Sports is hosting a State qualifying match for BB gun, air pistol and air rifle on March 11 at Jackson Heights schools. Shooters from all around the area will be attending to try to shoot a qualifying score, practice their shooting and see how they compete against others in their disciplines. The top 3 shooters in each discipline will receive medals and the top 3 teams in each discipline will receive medals and a plaque.

Volunteers put this match on, and it is the biggest fundraiser for the club. The money raised helps the buy new equipment and supplies.

**Sunglo/Bombaars Virtual Livestock Event**

Sunglo and Bomgaars are partnering up to offer a free virtual clinic to anyone interested. It will be hosted via Microsoft TEAMs. It will have Sunglo experts speaking on topics including: feeding, fitting and showmanship of sheep, goats, cattle and swine.

**When:** Monday, February 27 at 6:00 PM.

**Where:** Microsoft Teams (you will receive a link after registering)


**YQCA**

Our final in-person training is in Holton on March 13 at 6:30 PM in the Fair Building. To register, go to [https://www.yqcaprogram.org](https://www.yqcaprogram.org). You will have to create an account specific to YQCA. After signing up and prior to attending the course, you will need to take a pre-test. Additionally, ensure that the person taking the class is in the youth’s name.

Instructions below:

1. Click on the blue box with your account name on it in the top right.
2. Click on the Enrolled ILT Trainings
3. Select pre-test and finish it.

If you do not plan on attending the final instructor-led training offered by the Meadowlark District, there are other ILT’s offered by other counties/districts. Feel free to attend those, or complete the YQCA training online.

This will again be a requirement to SHOW at the fairs within the Meadowlark Extension District for exhibitors in beef, dairy, meat goats, sheep, swine, MARKET poultry and MARKET rabbits. The Kansas State Fair Grand Drive and KJLS are expected to continue requiring all exhibitors to complete YQCA to be eligible to exhibit in the 2023 shows.

**Kansas Range Youth Camp**

**What:** A camp for upcoming sophomores, juniors, and high-school seniors to attend and learn range plant identification, plant growth, stocking rate determinations, livestock nutrition, rangeland wildlife management, and much more!

**Where:** Camp Mennoscah in Kingman County

**When:** June 13-16

**Registration:** [https://www.kglc.org/userfiles/File/RYC-Registration-Form-2023.pdf](https://www.kglc.org/userfiles/File/RYC-Registration-Form-2023.pdf)
Project Goal Setting

By now you have selected 4-H projects with project enrollment. It is important to plan out what you would like to learn and accomplish. What new skills would you like to gain? Who is going to help you along the way? Setting specific, measurable goals will help guide you through positive 4-H project learning experiences.

So what is a goal?? A goal is deciding what you want to do and learn in a 4-H project and serves as the road map that helps you get to where you want to go. Well thought out goals should have four parts that will allow you to measure and check your progress. The four parts of a good goal include:

1. ACTION—how are you going to do something?
2. RESULT—what are you doing to do specifically?
3. TIMETABLE—when are you going to do it?
4. ASSISTANCE—who will help you achieve this?

CONTROL TEST: Do your goals pass the control test? Do you have control over all parts of what happens? If you can answer “yes” then you are ready to begin goal setting for record keeping. For example “I want to win champion at the fair with my photograph” does not pass the control test, as you can’t control the ribbon placing a judge awards. “I want to learn how to make my photo have brighter, crisper colors when printed off”, now that is something you can control!

Goal setting should be part of every 4-H member’s annual project experience. Additionally, these goals should be recorded in the 4-H Record Book, as each project report has a goals section. Completing that EARLY in the 4-H year is better than later! Keep in mind that younger 4-H members will have fewer, less complex goals than older, more experienced 4-H members. A good rule of thumb is; three to five goals for ages 7 to 10, four to eight goals per project for ages 11 to 13 and seven to twelve goals per project for ages 14 to 18.

There is an excellent resource available to help with goal setting, from which information for this article has been taken. Setting 4-H Project Goals—4H1100 can be found on the Project Records page of our website: https://www.meadowlark.k-state.edu/4-h/project_records.html.

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We want to highlight projects in the upcoming District Newsletters, as well as the New Family Newsletters. To do that, we would like your participation! We want you, the 4H’er, to answer this survey: https://kstate.qualtrics.com/jfe/form/SV_4NSurwA4LjtkWYS. The survey will encourage you to answer prompts about your project, why you like it, and why you want others to join you in this project.

We will select one project per newsletter, and highlight it each month! It is also a great way to bolster your record books as well!

Why 4-H???

(Noting the IMPACT of the 4-H Program in the lives of young people, in their own words.)

“4-H has been an amazing learning opportunity. I’ve had many opportunities presented to me because of the projects I participated in with 4-H. 4-H gave me the opportunity to decorate cakes, and now I can earn income because of this skill. Because of 4-H I have had leadership experiences that will be invaluable to me in college. I have benefitted greatly from this program and I can’t wait to take these skills with me into the next chapter of my life.”
Regional Cub Day
Those who received a Top Purple from Jackson, Nemaha, Jefferson, Brown, Doniphan, Atchison and Leavenworth Counties will have the opportunity to present at Regional Club Day on Saturday, March 25. Entries are due to the office by March 6.

Project Meetings
Looking for ideas for Project Meetings for this upcoming spring. If there is something you would like to learn about or have someone interested in teaching please contact the office and let us know.

Superintendents Needed
Superintendent sign up will be emailed out to all 4-H families. If you are interested in helping out during the fair please fill out the form and return to the Extension Office. We still need help in following areas: Rabbits, Wildlife and Woodworking.

Rock Springs 4-H Camp
4-H Council decided to offer $50 scholarships per Jackson County 4-H members who attend camp at Rock Springs for the 2023 summer. Campers must attend camp before they get reimbursed. Reimbursement checks will go out in August.

Fair Changes for 2023
- Bucket Calf Consultation will be Tuesday, July 11 during pre-fair judging.
- Woodworking, Banners and Pre-Judged projects will be checked in on Sunday, July 16 from 3:00-6:00 PM. There will be no check in on Monday for these items.

4-H Council Alumni Scholarship Changes
Changes were made to the Alumni scholarship and if you have received this scholarship in the past, you may apply for it again. Please see the updated scholarship application on our website.

Fair Trophies
Sponsors are needed for the following trophies:
- Arts/Crafts—Creativity Award
- Beef—Grand Champion Belt Buckle
- Building Misc.—STEM
- Clothing—Junior Boys Buymanship Fashion Revue Champion
- Clothing—Senior Girls Buymanship Display Champion, 14 & Up
- Dairy—Champion Intermediate Dairy Showman, 12-13
- Dairy—Champion Senior Dairy Showman, 14 & up
- Dairy—Grand Champion Dairy Female
- Dog—Champion Beginner Showman, 7-9
- Dog—Obedience, 1st Year Dog, 7-9
- Meat Goat—Reserve Champion Breeding Meat Goat
- Meat Goat—Rate of Gain
- Meat Goat—Champion Home Raised Meat Goat
- Meat Goat—Champion Home Raised Doe
- Poultry—Reserve Grand Champion Poultry Exhibit
- Poultry—Champion Bantam
- Sheep—Grand Champion Belt Buckle
- Sheep—Champion Crossbred Ewe
- Sheep—Champion Suffolk Ewe
- Swine—Grand Champion Belt Buckle

Important Dates

Dog Practice
Dog practice will either begin the end of March or the first part of April. Please be watching your e-mail for more information.

4-H Council Meeting
Our next Council meeting will be Thursday, April 13 at 7 PM at the Northeast Kansas Heritage Complex.

Livestock Tagging and Weigh-In
Don’t forget if you are planning to show market livestock you must have your animals weighed and tagged at a District weigh in or ID’d by the ID date. Tags must be paid for at weigh-in and breed must be identified.
- Beef - March 5 from 2:00-4:00 PM at Holton Livestock Exchange
- Sheep & Goats – May 11 from 6:00-7:00 PM at the Northeast Kansas Heritage Barn
- Swine – All swine must be tagged and proper paperwork with pictures returned to the office by May 1.

If you have questions, please contact the Extension Office.

Bldg. Award Presentation
It was decided at the last Council meeting that the Building Award Presentation will be Thursday night, July 20 at 5 PM at the Farm Bureau pad. Anyone who won a Champion prize with one of their building projects will be awarded at this time.

Fair Dates
Fair is July 17-20 with the carnival July 18-22
**Important Dates**

**Carnival Prizes & Game Descriptions**
- Carnival prize names are due **March 10**
- Game names due **May 1**.

**Swine Project Meeting**
Join us for a great informational meeting covering swine selection and care, show prep and State Fair at 6:30 PM on Thursday, **March 2**, at the Valley Falls Fair Building. Registration requested to be in to Oskaloosa office **February 27**.

**STEM/Rocketry to Meet**
3:00 PM at the Kendall State Bank (406 Broadway in Valley Falls) meeting room on Sunday, **March 19** (seasoned & new members start construction process and Q&A time). Please RSVP by **March 15** to Shauna Allen at sra3193@gmail.com

**Regional Club Day**
All eligible entries from County Club Day have been contacted in regards to our Regional Club Day, which is Saturday, **March 25**, at Atchison Elementary School. Response is needed no later than **March 3**. Contact the office with any questions. Schedule will be posted to website as soon as available.

**Spring Beef Show**
**March 25**, Check-In at 8:30 AM & Start at 10:00 AM. Go to [https://www.meadowlark.k-state.edu/4-h/events.html](https://www.meadowlark.k-state.edu/4-h/events.html) for registration information, or contact Toni or Randy Reeves at 785-640-8457.

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**Livestock Weigh-In**
1. Weigh-in/ID sheets for all species available at weigh-in.
2. Each animal specie has mandatory per animal fees which may include ear tag, scale fee and optional per animal fees of implanting and deworming (beef). Please have cash or checks, payable to Jefferson County 4-H Council, with you at weigh-in. Ear tags will be $3.50/tag for beef and $3.00/tag for other species.
3. Work with animals so they can be led into scales at weigh-in. Members of weigh-in committees reserve the right to refuse animals on the basis of animal temperament.

**Beef-Market Steers**
- Saturday, **March 4**—10:00-noon at Valley Falls Fairgrounds. Listen to local stations if cancellation due to weather or check JF website. Please enter upper south driveway to avoid congestion. **Snow date** is Saturday, **March 18**.
- Market beef steers, not weighed at this or another Meadowlark District Beef Weigh-In, are not eligible to show at the Fair. Let the office know if you plan to weigh at Jackson or Nemaha weigh-ins.
- Current Committee members are: Frank Boyce, Toni & Randy Reeves and Kris & Karson Kahler.

**Sheep and Goat**
- Wednesday, **April 26**, 6:00-8:00 PM at 4-H Fairgrounds, Valley Falls

**4-H Council Meeting**
Meeting will be 7:00 PM on Monday, **March 27**, at the Fair Building. Agenda items may include herdsmanship and royalty judges, club day evaluations, fair dance D.J., Grand Marshall names and carnival committee assignments. All clubs should work hard to make sure you are represented.

**Jeff. Co. 4-H Scholarships**
If you are a High School Senior, College Freshman or working towards a career/technical education pathway during your Junior or Senior year(s) of high school, then you are eligible to apply. Check out the Oskaloosa webpage, talk to your school counselor, or contact the office for more information. Application **due** in office on **March 15** by 4:30 PM.

**Jefferson County Educational Extension Unit Scholarships**
High School Seniors & College Freshmen attending in-state colleges or Vo-Tech programs are eligible to apply. See your counselors or contact the office for an application. **Due April 3**.

**Poultry Show**
If you are enrolled in the Poultry project, plan to attend this show! Show begins at 9:00 AM on Sat., **April 22**, at the Valley Falls Fairgrounds. You will learn a lot by volunteering to help set up, judging and talking to others. Call Katie Rhodelander at 785-231-0413 with questions or to volunteer. Check out the events page, [https://www.meadowlark.k-state.edu/4-h/events.html](https://www.meadowlark.k-state.edu/4-h/events.html) for registration form.

**Livestock Self-Insurance Pool**
The Fair Board has made the decision to terminate the livestock self-insurance pool effective in 2023. Livestock species affected should receive a letter & email with details. Members are encouraged to seek out individual insurance policies as they deem appropriate.

**Congrats!**
We had four 4-Hers chosen from NE Area Screening to advance for state project award consideration. They are **Clara Johnson** (Winchester) in Family Studies & Civic Engagement, **Jayden Herman** (Prosperity) in Shooting Sports and **Karson Kahler** (Clover Power) in Leadership. Wish them the best as they prepare and compete at the state level!
Club Day
Thank you to all who participated and the volunteers who helped make Club Day run smoothly. We had a nice turn out and very talented presenters. Just a reminder all results are posted on our website under the Nemaha County tab.

Regional Club Day
Those who received a Top Purple from Nemaha, Jackson, Jefferson, Brown, Doniphan, Atchison and Leavenworth Counties will have the opportunity to present at Regional Club Day on Saturday, March 25 at the Atchison Grade School. Entries are due to the office by March 8.

Congratulations
We are happy to announce four of our 4-Hers Project Award Recognition have been chosen to go on to state judging.
- Bob Langill - Dairy
- Maddy Mosteller - Rabbits
- Tristian Schmid - Reading
- Keelan Beyer - Wood Science.
Best of luck to all of them!

Council Events Scholarship
Have you attended or plan to attend a state camp this year? Help pay for it by applying for the 4-H Councils Events Scholarship. It is a good idea to print that off and be making notes of what you have done, as far as the check offs needed. [https://www.meadowlark.k-state.edu/4-h/seneca.html](https://www.meadowlark.k-state.edu/4-h/seneca.html).

4-H Discount
Reminder, 4-Hers can receive a discount on their purchases at Orscheln Farm and Home, Bomgaars and JoAnn Fabric. Make sure to ask about this when you get ready to check-out.

Kansas Pride Theme
The Kansas Pride Theme as “Natural Water Features”.

Photo Opportunity
How would you like for a picture you took to be on the cover of the 2023 fairbook? Pictures need to be based on this year’s fair theme “Get Wrapped up in 4-H”. You do not have to be in the Photography project to do this. These photos can be taken anytime not just this year. Please submit your photo to dahenry@ksu.edu before April 1.

Project Meetings
Are you looking for ideas for Project Meetings this spring? If there is something you would like to learn about or have someone interested in teaching, please contact Deb. Be watching your emails for some possible project meetings in the near future.

Fair Auction Requirements
If you plan to take anything through the auctions at the fair this year, you must meet certain requirements and submit the Premium Auction Requirement form. This includes Livestock, Decorated Cakes, and Bread Baskets. Members must attend a “minimum” of 5 Club meetings, livestock members must complete Youth Livestock Quality Assurance training (YQCA) and members must have also participated in FOUR (4) approved activities. This form can be found at [https://www.meadowlark.k-state.edu/4-h/forms.html](https://www.meadowlark.k-state.edu/4-h/forms.html) If you have yours completed you can turn it into the office anytime.

Superintendents Needed
If you are interested in being a Superintendent of a certain area, please let Deb know. Otherwise, you will be assigned to a certain area.

Important Dates

4-H Council Food Stand Committee Meeting
If you signed up to be on the 4-H Council Food Stand Committee, we will meet Monday, April 10 at 6:30 PM before the Council Meeting. We will be planning the menu and going over any needs for the Concession Stand. Every club is asked to have at least 2 representatives from their club on this committee. This does not include those that are on 4-H Council. Please make sure you let Deb know who will be on the committee from your club.

4-H Council Meeting
Our next Council meeting will be Monday, April 10 at 7:30 PM at the Community Building.

Livestock Tagging and Weigh-In
Don’t forget if you are planning to show market livestock you must have your animal weighed and tagged at a District weigh-in.
- Sheep and Goat weigh-in Saturday, May 6 in north barn at fairgrounds 7:30-8:30 AM.
- All Swine animals must be tagged and proper paperwork with pictures returned to the office before May 1.
If you have questions, please contact the Extension Office.

Fair Dates
Mark your calendars for the Nemaha County Fair. It is July 27-31. Pre-fair judging will be Wednesday, July 19.
February 27: Virtual Livestock Event
Swine project meeting registration due, JF

March 2: Swine project meeting, VF

March 3: Regional Club Day entries due, JF

March 4: County 4-H Club Day - JA & NM
Beef-Market Steer Weigh-In, VF

March 6: NE KS Sheep & Goat School RSVP date
Regional Club Day entries due to office, JA

March 8: Regional Club Day entries due to office, NM

March 9: NE KS Sheep & Goat School

March 10: Carnival prizes due, JF

March 11: Jeff. Co. Spring Beef Show entry forms due

March 13: YQCA in-person training

March 15: JF Co Scholarship applications due to office

March 19: STEM/Rocketry meeting, VF

March 23: Dairyman Cow Judging Contest entries due

March 25: Regional 4-H Club Day, Atchison
Spring Beef Show, JF
Super 4-H Saturday NW Judging Contest

March 27: 4-H Council Meeting, JF

April 1: Fairbook photo submissions due to office, NM

April 3: Jeff. Co. Educ. Ext. Unit Scholarship app due

April 10: 4-H Council Food Stand Comm. Meeting, NM

April 13: 4-H Council Meeting, JA

April 15: Miss Sabetha Saddle Club Queen reg. Due

April 22: Jeff. Co. Poultry Club Spring Show

April 27: Sheep & Goat Weigh-In, VF

May 1: Swine paperwork & pictures turned into offices
Carnival game names due, JF

May 6: Sheep & Goat Weigh-In, NM

May 11: Sheep & Goat Weigh-In, JA

May 20: Miss Sabetha Saddle Club Queen Contest

June 1: Camp Counselor Applications due

June 3: Jefferson County Carnival, VF

June 13-16: Kansas Range Youth Camp

July 11: Bucket Calf Consultation, JA