



LEADERSHIP
GROWS
HERE

What is 4-H?

We teach kids from all backgrounds how to become well-rounded individuals. We do that by teaching the four H's:

- Head—Make sound decisions, stick with your goals and develop practical skills.
- Heart — Act with integrity and accountability.
- Hands—Put needs of the community first and commit to serving others.
- Health—Actively take care of your mind and body.

What will I do?

4-H centers around projects. Members choose from a wide range of individual projects based on their interests and community availability. Through these projects, members set goals, learn the necessary skills, and exhibit or demonstrate their skills at events like county fairs, speaking contests and competitions.

What can I do?

If you're interested in something, it can probably become a project. Here's a sampling:

- | | |
|-----------------------|----------------------------|
| Clothing and textiles | Reading |
| Pet care and training | Robotics, rocketry and GPS |
| Electricity | Small engines |
| Food and nutrition | Visual arts and crafts |
| Geology | Wildlife |
| Horses | Woodworking |
| Leadership | |
| Photography | |

How can I get involved?

Join a club! 4-H clubs are groups of families and volunteers who generally meet monthly. At meetings, youth members share their projects, plan community service activities and practice running meetings. There are many sub-clubs for individual projects led by adults or older members.

Visit Kansas4-H.org for more information or to find a club near you!



GROW NEW IDEAS

It doesn't matter where you live, what you want to be when you grow up, or your level of experience. 4-H is a club of kids and their families who take part in fun, practical projects from woodworking to rocketry, and everything in between.

Join 4-H and explore exciting ways to grow, together.



Meadowlark District

K-State Research and Extension
www.meadowlark.ksu.edu

Meadowlark District-Holton Staff

Cara Robinson, 4-H Program Manager
Ross Mosteller, District 4-H Agent
Chasity Rickel, Office Professional

K-State Research & Extension Meadowlark District - Holton

114 W. 5th St., Holton, KS 66436-1791
785-364-4125; 785-364-4775 (FAX)
E-mail: ja@ksre.ksu.edu

4-H Club Leader Contact for 4-H Clubs in Jackson County

Delia Early Birds –

4th Sunday of each month
Delia Community Building
Darlene Rezac, 785-584-6464

Jackson County Gypsies –

Meeting time and location varies
Lisa Smith, 785-966-2149

North Jackson Jets -

1st Sunday of each month
Netawaka Community Building
Phyllis Slipke, 785-933-2062

Soldier Boosters -

2nd Monday of each month
Soldier Community Building
Carmen Cattrell, 785-364-0694

Denison Builders -

1st Monday of each month
Denison Bible Church
Kelly Renfro, 785-250-7988

Lucky Stars –

2nd Monday of each month
Northeast KS Heritage Bldg.-Holton
Megan Montgomery, 785-364-4045

Ontario Busy Bees –

1st Sunday of each month
Northeast KS Heritage Bldg.-Holton
Melisa Beauchamp, 785-364-0449

Straight Arrows -

3rd Sunday of each month
Northeast KS Heritage Bldg.-Holton
Jill Doyle, 785-364-3652

Hoyt Livewires -

2nd Sunday of each month
Hoyt Baptist Church
Kristin Colter, 785-966-0001

Mayetta Mustangs -

2nd Sunday of each month
St. Francis Xavier Church
Ashley Tyler, 785-554-9924

Pleasant Valley Rustlers -

2nd Sunday of each month
Northeast KS Heritage Bldg.-Holton
JoAnn Nelson, 785-364-2557

Bullmasters Shooting Sports

Northeast KS Heritage Bldg.-Holton
Ralph & Lisa Cronkhite, 785-851-0498

County-wide Project Groups

Dog-Northeast KS Heritage Bldg.-Holton
Jerry & Jo Ann Nelson, 785-364-2557